



Menu October & November 2025

Kinder and 1st Grade



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	October 20, 2025	October 21, 2025	October 22, 2025	October 23, 2025	October 24, 2025
Soup	Vegetable Quinoa Lentil (MWOOG)	French Onion (V) Soup	Potato chowder (V) (MWOOG)	Tomato Bisque (V) (MWOOG)	Grass Fed Beef & Barley
Global Adventure	Butter Cage Free Chicken	Pasta W/ Marinera & Pesto Sauce	*Crispy Chicken Tenders	Grass Fed Beef sliders	SD Home Made Pizza
Side	Basmati Rice (MWOOG)	Garlic Bread w/Parmesan	Mashed Potatoes & Gravy (V)	Home Made Potatoe Wedges (MWOOG)	SD Home Made Pizza
Garden Fresh	Organic Garden Salad (VG)	Organic Caesar Salad (V)	Chef Salad w/ Ranch Dressing (MWOOG)	organic Green Salad (VG)	Organic Caesar Salad (V)
Veggie	Roasted Cauliflower (VG)	Organic Carrots & Fall Vegetables (VG)	Roasted Fall Vegetables	Corn on the cob (MWOOG)	Organic Broccoli (VG)
Live Well	Grilled Cheese Sandwiches (V)	Penne Pasta (MWOOG)	Cheese Turn Overs	Quinoa Slider (V)	Cheese Pizza (V)
Fresh Fruit	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)
Week 2	October 27, 2025	October 28, 2025	October 29, 2025	October 30, 2025	October 31, 2025
Soup	Tortilla (V) (MWOOG)	Healthy Kale & Quinoa (VG)	Tofu Miso Soup (V) *	Cage Freen Chicken Noodles (MWOOG)	Corn & Egg Dropped (V) (MWOOG)
Global Adventure	Cage Free Chicken Burritos	Spaghetti w/ Basian Meatballs	Fried Cage Free Chicken	All Beef Mini Hot Dogs w/ All The Fixings	Draculas Sweet & Sour Chicken
Side	Spanish Rice & Rifried Beans (VG) (V)	Garlic Bread & Parmesan Cheese	Mashed Potatoes, Coleslaw	House Made French Fries	Ghoulis Fried Rice, Monster Ears Postticer
Garden Fresh	Organic Garden Salad (VG)	Home Made Organic Caesar Salad (V)	Chef Salad w/ Ranch Dressing (MWOOG)	Organic Spring Mix Salad	Frankenstein Green Salad, ZOMBIE Cookie
Veggie	Lemon Roasted Cauliflower (VG)	Roasted Beets & Carrots (VG)	Fall Root Vegetables (VG)	Butternut Squash	Witches Fingers, Blue Lake Green Beans
Live Well	Cheese Quesadillas (V)	Spaghetti with Mariana (MWOOG) (V)	Home Made Cheese Calzones (V)	Organic Quinoa Slider (V)	Monster Ears Potstickers (V)
Fresh Fruit	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)
Week 3	November 3, 2025	November 4, 2025	November 5, 2025	November 6, 2025	November 7, 2025
Soup	No School	Alphabet Soup (V)	Wonton Soup	Tortellini Soup (V)	Organic Roasted Tomato (V)
Global Adventure		Penne Pasta Bolognese Sauce (V)	Grilled Rosemary Lemon Chicken	Nacho Bar Beef, Chicken, Cheese sauce	Home Made Pizza
Side		Garlic Bread & Parmesan	Mashed Potatoes	Spanish Rice & Black Bean (VG)	Home Made Pizza
Garden Fresh		Organic Caesar Salad (V)	Chop Salad with Ranch and Italian	Organic Baby Spinach Salad (VG)	Santa Fe Salad (VG)
Veggie		Sautéed Organic Broccoli	Organic Carrots & Peas	Roasted Squash	Fall Grilled Vegetables (VG)
Live Well		Penne Pasta w/Marinara (DF) (V)	Vegetarian Risotto	Quinoa Slider (V)	Cheese Pizza (V)
Fresh Fruit		Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)
Week 4	November 10, 2025	November 11, 2025	November 12, 2025	November 13, 2025	November 14, 2025
Soup	Wild Mushroom & Rice (V)	Diestel Turkey & Brown Rice (MWOOG)	Gnocchi Soup (V)	No School	No School
Global Adventure	Pork Carnitas Quesadillas	Cheese Tortellini, Marinara Sauce	*Crispy Chicken Drumsticks		
Side	Lime Rice & Black Beans	Garlic Bread & Parmesan	Mashed Potatoes & Gravy		
Garden Fresh	Organic Chop Salad (VG)	Organic Caesar Salad (V)	Organic Spring Mix Salad		
Veggie	Lemon Roasted Cauliflower (VG)	Roasted Butternut Squash	Organic Peas & Carrots		
Live Well	Cheese Quesadillas	Pasta with Parmesan Cheese	Vegetarian sushi		
Fresh Fruit	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)		
Week 5	November 17, 2025	November 18, 2025	November 19, 2025	November 20, 2025	November 21, 2025
Soup	Vegan Chili (MWOOG) (GV)	Chicken & Corn Vermecelli	Vegetables (VG) (MWOOG)	Potato Leek Chowder Soup (MWOOG)	No School
Global Adventure	Home Made Chicken Flautas	Penne Pasta w/ Bolognese Sauce	Grilled Chicken Teriyaki	Distel Turkey, Gravy	
Side	Arroz Blanco with Corn and Peas	Garlic Bread, Parmesan Cheese	Sticky Rice, Cookies	Yukon Mashed Potatoes (VG)	
Garden Fresh	Organic Garden Salad (VG)	Organic Caesar Salad (V)	Chinese Salad	Mix Vegetables, Stuffing	
Veggie	Corn on the cob (MWOOG)	Organic Broccoli (VG)	Baby Bok Choy	Grilled Mix Vegetables	
Live Well	Cheese and Potato Flautas	Penne Pasta w/ Marinara Sauce	Vegetarian Egg Rolls	Vegetarian Sandwiches	
Fresh Fruit	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	Fresh Fruit (VG) (MWOOG)	