



San Domenico

Monday September 8, 2025	
Breakfast	Breakfast Skillet Turkey Sausage, Cage Free Egg, (MWOG) Sandwiches & Ham, Cheddar Cheese, Buttermilk Pancakes, Maple Syrup
	The Chef's Table Self -Service Congee Bar, Toppings (MWOG)
Lunch	Breakfast Booster O.J., Old Fashioned Oatmeal, Toppings, Fresh Frit Cut, Fresh Yogurt and 7- Grain Toast (MWOG)
	Global Adventure C, F Chicken Flautas, or Cheese Falutas, Arroz Blanco & Refried Beans, Carrots, Potatoes & Peas (MWOG)
Dinner	Live Well California Vegetarian Sandwiches Bites (V)
	Vegan Bar Mango Smoothies (VG) (V) (MWOG)
	Buddha Bowl Vietnamese, Lime & Cilantro Vinaigrette Dressing (MWOG) (VG)
	Breakfast Grill Turkey Sandwich, Provolone Cheese, Tomato on Sweet Baguettes
	Global Adventure Turkey Meatloaf or Kung Pao Chicken, House Made Gravy, Garlic Mashed Potatoes & Roasted Vegetables (MWOG)
	Live Well Stir Fry Noodles w/ Hoisin Sauce (MGWO) (VG)
	Plant Inspired Chef Salad w/ Ranch Dressing (MWOG)
	Fresh & Sweet Fruit Tarts with Vanilla Pastry Cream (V)
Tuesday September 9, 2025	
Breakfast	Breakfast Grill Caramelized French Toast, Cage Free Scrambled Eggs(MWOG) Croissant Sandwich,Fried Egg, Cheddar Cheese, (V)
	The Chef's Table MTO Cage Free Fried Eggs & Steam Rice or Ramen Noodles (V) (MWOG)
Lunch	Breakfast Booster Assorted Cold Cereals, Fresh Fruit Salad, Toast (V)
	Global Adventure Penne Pasta & Bolognese, Cheese Sauce(V), Marinara,(VG) Grilled Zucchini, (MWOG) Garlic Bread (V)
Dinner	Live Well Spinach & Ricotta Cheese Cannelloni (V)
	Vegan Bar Penne Pasta ,Marinara or Pesto Sauce (MWOG) (VG)
	Buddha Bowl Taiwan Bowl, Chili Lime Dressing (MWOG)
	Deli Creations Chicken Sandwich, Cheddar Cheese, Lettuce on Croissant
	Global Adventure Sweet & Sour Chicken or Beef & Broccoli, (MWOG) Jasmine Rice, (VG) Sautéed Green Cabbage (VG) (MWOG)
	Live Well Vegetarian Pad Thai, (MWOG) Organic Fried Brown Rice(MWOG) (VG)
	Plant Inspired Vegetarian Chinese Salad, Teriyaki Tofu (VG) (MWOG)
	Fresh & Sweet Steamed Banana Cake (V)
Wednesday September 10, 2025	
Breakfast	Breakfast Grill Waffles, whipped Cream, Applewood Bacon, Cage-Free Scrambled Eggs, Spinach and Bacon, Quiche w/ Hashbrowns
	The Chef's Table Self-service Cabbage and Egg Drop Soup Bar (MWOG)
Lunch	Global Adventure Old Fashioned Oatmeal & Brown Sugar, Raisins , OJ. (MWOG) Cold Cereal, Toast (V)
	Global Adventure Grilled Teriyaki Chicken(MWOG) Sticky Rice, (MWOG) Vegetarian Egg Roll,(V) Chow Mein(V) Peas ,Carrots (VG)
Dinner	Live Well MTO Organic Fried Brown Rice Bowl (VG) (MWOG)
	Vegan Bar Fresh Spring Rolls, Tamari Sauce & Lime Chili (MWOG) (VG)
	Buddha Bowl Putugal Bowl (MWOG)
	Deli Creations Ham Sandwich, Spinach, Tomato on Whole Wheat Sliced Bread
	Global Adventure C,F Chicken Tamales or Lamb Masuka, (MWOG) MTO Baked Potatoes Bar wit Toppings & Grilled Asparagus (MWOG)
	Live Well Organic Quinoa Stew (MWOG)
	Plant Inspired Cobb Salad & Creamy Vinaigrette Dressing (MWOG)
	Fresh and Sweet Chocolate Cupcakes (V)
Thursday September 11, 2025	
Breakfast	Breakfast Grill Cage Free Fried Egg (MWOG) Tater Tots(V), C,F Chicken & Cheese Crepes & Alfredo Sauce
	The Chef's Table MTO Pork or Chicken Dim Sum of Choice Chicken Both or Miso Broth with Toppings
Lunch	Breakfast Booster Fresh Organic Fruit Salad(MWOG) Yogurt (V) Oatmeal Bar,(V) Hot Berry Compote(VG)
	New York Adventure Grass Fed Meatball,Veggie Sandwiches & Roasted Rosemary Yukon Potatoes(MWOG) Mix Vegetables (MWOG)
Dinner	Live Well Mushroom Bruschetta (V)
	Vegan Bar Vegetarian Pad Thai, Organic Brown Rice (VG)
	Buddha Bowl Caprice Salad Bowl (VG)
	Deli Creations Roast Beef Sandwich, Cheddar Cheese On Fresh Baguette
	Global Adventure Wild Caught Poached Salmon or Chicken Curry (MWOG)Jasmine Rice(MWOG) Spring Vegetables (MWOG)
	Live Well Mushroom Stroganoff Rotellini Pasta (V)
	Plant Inspired Baby Spinach, Strawberry Salad (MWOG) Red Onion, Feta, Balsamic Dressing (MWOG)
	Fresh and Sweet House Made Tiramisu (V)
Friday September 12, 2025	
Breakfast	Breakfast Treat Chocolate Chip Pancakes, Maple Syrup, Potatoes, Applewood Bacon,Florentine Egg on home Made Big Bottom Biscuit
	The Chef's Table Korean Hot Pot w/Choice of Beef or Shrimp, Ramen Noodles Soup(MWOG)
Lunch	Breakfast Booster O.J., Assorted Cold Cereals, Old Fashioned Oatmeal (V)
	Global Adventure C,F Chicken Tikka Marsala (MWOG) Basmati Rice (MWOG) Sweet Potatoes & Butternut Squash (MWOG)
Dinner	Live Well Egg Plant & Chickpeas Stew (MWOG) Tabouleh (VG)
	Vegan Bar Yams Kebabs (VG) (MWOG)
	Buddha Bowl Poke Bowl (VG)
	Deli Creations Turkey Sandwich & Jack Cheese , Tomato on Sweet Baguettes
	Global Adventure Beef Burgers or Pigs in a Blanket, Garlic, Oregano Fries(MWOG) Root Vegetables, (MWOG) Condiments
	Live Well Made to Order Assorted Quick Stir Fry Vegetables w/ Sticky Rice (MWOG)

Café Service Hours

Breakfast: 7:20 am - 8:00 am
Lunch: 11:30 am - 1:20 pm
Dinner: 6:00 pm - 7:00 pm

Saturday-Sunday
Brunch: 10:30-12:30pm
Dinner: 6:00 pm-7:00 pm

We thank you for the opportunity to nourish you!



Soup du Jour

Daily Soup Offering

Monday
Vegan Chili (V) (MWOG)
Tuesday
Minestrone Soup (V)(MWOG)
Wednesday
C F Chicken Enchilada(MWOG)
Thursday
Gnocchi (V)(MWOG)
Friday

Cage Free Chicken Noodle (MWOG)



Oh, So Fresh!



Favorite of the Week...
Valentines Day
Cupcakes!



Thursdav Evening Community Dinner

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Plant Inspired Organic Arugula w/fresh Organic Apples and Orange Vinaigrette Dressing (MWOG)
Fresh and Sweet Lemon Bars(V)



Thursday Evening Community Dinner
LUNAR NEW YEAR

Café

Saturday September 13, 2025

Brunch	Breakfast Grill	Fried Rice & Veggie (MWOG) Scrambled Cage Free Egg, Sausage Links, Local Organic Blueberry Pancakes, Maple Syrup
	The Chef's Table	MTO Bagel Sandwiches, Spinach, Fried Egg, Tomato, Provolone, Cheddar Cheese, Ham
	Oven Baked	Assorted House Made Breakfast Pastries, Fresh Fruit Salad (MWOG) Toast
Dinner	Global Adventures	Lasagna Bolognese or Shrimp Stir Fry Low Men, (MWOG) Steam Broccoli (MWOG)
	Live Well	Pizza: Margarita (V)
	Plant Inspired	Green Garden Salad, & Lemon Vinaigrette Dressing (MWOG)
	Fresh and Sweet	Ice Cream Bar with Toppings (MWOG)

Sunday September 14, 2025

Brunch	Breakfast Grill	Mongolian Beef, Sticky Rice (MWOG) Sautéed Cabbage, Glazed French Toast, Maple Syrup & Warm Fruit Compote
	The Chef's Table	Made to Order San Domenico Omelet Bar (MWOG)
	Oven Baked	O.J., Granola Yogurt Parfait, Toast, Fresh Fruit Salad(MWOG) Full Salad Bar, Dressings (MWOG)
Dinner	Global Adventure	Chicken Cordon Blue or Roasted Pork Chops (MWOG) Scallops Potatoes (MWOG) Cream of Spinach (V)
	Live Well	Quinoa & Veggie Stew (VG) (MWOG)
	Plant Inspired	Chef's Salad & House Made Ranch Dressing & Choice of Proteins (MWOG)
	Fresh and Sweet	Parisian Flan (V)

Epicurean Group at San Domenico School

Operation Manager:

Ricardo Zavala

Executive Chef

Ramon Zavala

[Café Phone](#)

[For Catering or Special Events](#)

Ricardo@epicurean-group.com



EPICUREAN GROUP
fresh. honest. local.

Menu Key



Vegetarian



Vegan



Made without Gluten, May Contain Gluten Dust

FOOD-ALLERGIC INDIVIDUALS: Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, and tree nut products, sesame and other potential allergens in the food production areas of our facility.

It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient dense and delicious food possible every single day!



Warm & Comforting Beverage

House Made Cookies every Wednesday - Hot Chocolate every Friday

