



San Domenico Café

	Monday	October 26, 2026
Breakfast	<i>Breakfast Skillet</i>	Cage Free Scrambled Eggs (V) Applewood Smoked Bacon (MWOOG)
	<i>Breakfast Griddle</i>	House Made Buttermilk Pancakes & Maple Syrup (V)
	<i>Breakfast Booster</i>	O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad (MWOOG)
	<i>Global Adventure</i>	Cage Free Chicken Quesadillas, Cheese Quesadillas, (V) Cilantro Rice, Refried Beans & Summer Vegetables (MWOOG)
Lunch	<i>Live Well</i>	Organic Kale Quiche (V)
	<i>Vegan Bar</i>	Butternut Squash & Black Bean Tacos (MWOOG)
	<i>Deli Creations</i>	Turkey Sandwiches, Provolone Cheese, Tomato on Sweet Baguettes
	<i>Buddha Bowl</i>	Pomegranate Salad (MWOOG)
	<i>Global Adventures</i>	San Domenico BBQ Burger & Hot Dogs, Curly Fries, Corn on The Cob (V)
Dinner	<i>Live Well</i>	Quinoa Sliders (V)
	<i>Plant Inspired</i>	Home Made Potato Salad or Green Salad w/ Roasted Squash, Blueberries, Cranberries (MWOOG)
	<i>Sweet Treat</i>	Strawberry Short Cakes (V)
	Tuesday	October 27, 2026
Breakfast	<i>Breakfast Grill</i>	Cage Free Scrambled Eggs, (V) Cheddar Cheese, (V) Grilled Ham (MWOOG)
	<i>Breakfast Sandwich</i>	Croissant Breakfast Sandwich, Cage Free Eggs, Clover Provolone Cheese (V)
	<i>Breakfast Booster</i>	Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt (MWOOG)
	<i>Global Adventure</i>	Spaghetti & Grass Fed Meatballs, Marinara Sauce, (V)Steamed Cauliflower & Carrots (VG) (MWOOG)
Lunch	<i>Live Well</i>	Pizza Bites (V)
	<i>Vegan Bar</i>	Penne Pasta with Marinara Sauce (V) (MWOOG)
	<i>Deli Creations</i>	Cage Free Chicken Sandwich, Cheddar Cheese, Lettuce, on Croissant
	<i>Buddha Bowl</i>	7 Dip Layer Bowl (VG) (MWOOG)
	<i>Global Adventure</i>	Cage Free Chicken Tikka or Indian Style Fried Fish Filets & Basmati Rice, Grilled Curried Vegetables
Dinner	<i>Live Well</i>	Vegetarian Samosas (V) (MWOOG)
	<i>Plant Inspired</i>	Green Mango Salad with Mint Dressing (VG) (MWOOG)
	<i>Sweet Treat</i>	Pineapple Upside-Down Cake (V)
	Wednesday	October 28, 2026
Breakfast	<i>Breakfast Grill</i>	House Made Waffles, (V) Cage-Free Scrambled Eggs (V) (MWOOG)
	<i>Comfort Food</i>	Old Fashioned Oatmeal with Brown Sugar, Raisins and Cream (MWOOG)
	<i>Global Adventure</i>	O.J., Cold Cereals, Toast, Fruit Salad (MWOOG)
Lunch	<i>Global Adventure</i>	Cage Free Fried Chicken, Mashed Potato, (V) Cole slaw, (V) Sautéed Cabbage (VG) (MWOOG)
	<i>Live Well</i>	Chile Reyesos Baked (V)
	<i>Vegan Bar</i>	MTO Organic Brown Rice Bar (VG) (MWOOG)
	<i>Deli Creations</i>	Ham Sandwiches, Spinach, Tomato on Sliced Whole Wheat Bread
	<i>Buddha Bowl</i>	Poke Bowl (MWOOG)
	<i>Global Adventure</i>	Jamaican Stewed Beef & Spicy Grilled Cage Free Chicken, Dirty Rice, (MWOOG) Sweet Potatoes Blackened (VG) (MWOOG)
Dinner	<i>Live Well</i>	White Bean & Pepper Stew (VG) (MWOOG)
	<i>Plant Inspired</i>	Cage Free Jerk Chicken Salad (MWOOG)
	<i>Sweet Treat</i>	Mango Cheese Cake (V) (MWOOG)
	Thursday	October 29, 2026
Breakfast	<i>Breakfast Grill</i>	Cage Free Scrambled Eggs, Cinnamon Raisin Toast (MWOOG)
	<i>Breakfast Sandwich</i>	Eggs McMuffin San Domenico (V)
	<i>Breakfast Booster</i>	Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals (MWOOG)
Lunch	<i>Global Adventure</i>	All Beef Mini Hot Dogs, Homemade French Fries, (MWOOG) Steam Broccoli (VG) (MWOOG)
	<i>Live Well</i>	Mushroom Tetrazzini & Organic Brown Rice (VG) (MWOOG)
	<i>Vegan Bar</i>	Garlic Sesame Noodles w/ Tofu (MWOOG)
	<i>Deli Creations</i>	Roast Beef Sandwiches, Cheddar Cheese on Fresh Baguette
	<i>Buddha Bowl</i>	Spring Fusion Gyoza
	<i>Global Adventure</i>	Philly Steak Sandwiches or Grilled Pork Chops, (MWOOG) Roasted Potatoes, (MWOOG) Grilled Vegetables (VG) (MWOOG)
Dinner	<i>Live Well</i>	Vegan Keto Coconut Curry & Organic Brown Rice (VG) (MWOOG)
	<i>Plant Inspired</i>	Cobb Salad & Home Made Ranch (MWOOG)
	<i>Sweet Treat</i>	Chocolate Strawberry Cake (V)
	Friday	October 30, 2026
Breakfast	<i>Breakfast Grill</i>	Caramelized French Toast & Maple Syrup (MWOOG)
	<i>Breakfast Sandwich</i>	Eggs Florentine on a House Made Big Bottom Biscuit & Hollandaise Sauce
	<i>Breakfast Booster</i>	Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, Cage Free Scrambled Eggs (MWOOG)
Lunch	<i>Global Adventure</i>	Draculas Sweet & Sour Chicken, Ghoulish Fried Rice, Monster ears, Potsticker, Zombi Guts Chowmein, Witches Fingers
	<i>Live Well</i>	Sweet Potato & Corn Enchilada (V) (MWOOG)
	<i>Vegan Bar</i>	Vegetarian Paella (V) (MWOOG)
	<i>Deli Creations</i>	Turkey Sandwiches with Jack Cheese, Tomato on Sweet Baguettes
	<i>Buddha Bowl</i>	Dragon Bowl & Grilled Prawns (MWOOG)
	<i>Global Adventures</i>	Flank Steak w/ Chimichurri or Gyro Lamb Pita Burger w/ Tzatziki Sauce, Curly Fries, (V) Corn on the Cob (VG)
Dinner	<i>Live Well</i>	Tofu Masala (V)
	<i>Plant Inspired</i>	Arugula Salad, Goat Cheese, Pears & Italiane Dressing (V)
	<i>Sweet Treat</i>	Chocolate Cup Cakes (V)

Café Service Hours
Breakfast: 7:20 am - 8:00 am
Lunch: 11:30 am - 1:25 pm
Dinner: 6:00 pm - 6:45 pm

Soup du Jour
Daily Soup Offering
Monday
Tortilla (V) (MWOOG)
Tuesday
Healthy Kale & Quinoa (VG)
Wednesday
Tofu Miso (VG)
Thursday
CF Chicken Noodles (MWOOG)
Friday
Cage Free Egg & Corn (V) (MWOOG)



SD Community Dinners every Monday



Monday Evening Community Dinner
Southern Comforts



San Domenico Café

	Saturday	October 31, 2026
	<i>Breakfast Grill</i>	Eggs Benedict with Cage Free Eggs & House Made Hollandaise Sauce (V)
	<i>Breakfast Bistro</i>	Cage Free Chicken & Waffles, Organic Blueberries (VG) Maple Syrup (VG)
	<i>Oven Baked</i>	Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast and Assorted Cold Cereals (V)
	<i>Global Adventures</i>	Moroccan Cage Free Chicken (MWOOG) Fish Skewers (MWOOG) Mint Cous Cous, (VG) Blue Lake Green Beans (VG) (MWOOG)
	<i>Live Well</i>	Vegan Mushroom Bourguignons & Mashed Potatoes (MWOOG)
	<i>Plant Inspired</i>	Chef's Salad, House Made Ranch Dressing (MWOOG)
	<i>Sweet Treat</i>	Yellow Cake with Vanilla Sauce (V)
	Sunday	November 1, 2026
	<i>Breakfast Grill</i>	Made to Order San Domenico Omelet Bar (MWOOG)
	<i>Breakfast Bistro</i>	Glazed French Toast, (V) Maple Syrup (MWOOG) Warm Fruit Compote (MWOOG)
	<i>Oven Baked</i>	O.J., Granola Yogurt Parfait and Toast (MWOOG)
	<i>Global Adventure</i>	Beef Stroganoff, Egg Noodles, Pigs-in-a-Blanket, Sauerkraut, Peperccinis & Mustard & Grilled Asparagus
	<i>Live Well</i>	Lentil and Vegetable Pilaf (MWOOG)
	<i>Plant Inspired</i>	Garden Salad, Fennel, Olives, Pepperoncini's, Italian Vinaigrette (VG) (MWOOG)
	<i>Sweet Treat</i>	Blueberry Trifle (V)
Epicurean Group at San Domenico School		
	Operations Manager: Ricardo Zavala	
	Executive Chef Ramon Zavala	
	Café Phone	
	For Catering or Special Events	
	Ricardo@epicurean-group.com	
	Vegetarian Vegan Made without Gluten, May Contain Gluten Dust	
	FOOD-ALLERGIC INDIVIDUALS: Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, and tree nut products, sesame and other potential allergens in the food production areas of our facility.	
	It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient dense and delicious food possible every single day!	
	Warm & Comforting Beverage House Made Cookies every Wednesday - Hot Chocolate every Friday	

We thank you for the opportunity to nourish you!



GO PANTHERS!