



| Monday    |                           | September 14, 2026                                                                                         |  |
|-----------|---------------------------|------------------------------------------------------------------------------------------------------------|--|
| Breakfast | <i>Breakfast Skillet</i>  | Cage Free Scrambled( V) Applewood Smoked Bacon (MWOG)                                                      |  |
|           | <i>Breakfast Griddle</i>  | Home Made Bagel Sandwiches, Fried Egg, Cheddar Cheese, Tomato, Grilled Onions (V)                          |  |
|           | <i>Breakfast Booster</i>  | O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad (MWOG)                        |  |
| Lunch     | <i>Global Adventure</i>   | Crispy Chicken Tenders, Mashed Potatoes,(V) HM Gravy, Carrots & Green Peas(VG)                             |  |
|           | <i>Live Well</i>          | Veggie Pad Thai (VG)(MWOG)                                                                                 |  |
|           | <i>Vegan Bar</i>          | Quinoa Pilaf MTO (VG)(MWOG)                                                                                |  |
|           | <i>Deli Creations</i>     | Turkey Sandwiches & Provolone Cheese, Tomato & Sweet Baguettes                                             |  |
|           | <i>Buddha Bowl</i>        | Roasted Safron Cauliflower (V)(MWOG)                                                                       |  |
| Dinner    | <i>Global Adventures</i>  | C F Chicken Parmesan, Roast Beef & Chimichurri Sauce (MWOG) & Roasted Potatoes, (V)Fresh Grilled Asparagus |  |
|           | <i>Live Well</i>          | Zucchini Parmesan & Pomodoro Sauce (VG)(MWOG)                                                              |  |
|           | <i>Plant Inspired</i>     | Classic Green Salad, Ranch & Balsamic Dressing (V) (MWOG)                                                  |  |
|           | <i>Sweet Treat</i>        | Vanilla Cheese Cake (V)                                                                                    |  |
| Tuesday   |                           | September 15, 2026                                                                                         |  |
| Breakfast | <i>Breakfast Grill</i>    | Cage Free Scrambled Eggs (V) Grilled Ham (MWOG)                                                            |  |
|           | <i>Breakfast Sandwich</i> | Croissant Breakfast Sandwich, Cage Free Fried Egg, Clover Cheese. (V)                                      |  |
|           | <i>Breakfast Booster</i>  | Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt (V)(MWOG)                                  |  |
| Lunch     | <i>Global Adventure</i>   | Penne Pasta & Marinara, Pesto Sauce (V) & Spring Vegetables (VG)(MWOG)                                     |  |
|           | <i>Live Well</i>          | Buffalo Cauliflower (VG)(MWOG)                                                                             |  |
|           | <i>Vegan Bar</i>          | Penne Pasta & Marinara Sauce (VG)(MWOG)                                                                    |  |
|           | <i>Deli Creations</i>     | Chicken Sandwich, Cheddar Cheese, Lettuce, on Croissants                                                   |  |
|           | <i>Buddha Bowl</i>        | Bibimbap Salad(V) (MWOG)                                                                                   |  |
| Dinner    | <i>Global Adventure</i>   | Stir Fry Shrimp or Orange Chicken & Sticky Rice, (V)(MWOG) Sautéed Bok Choy (V)(MWOG)                      |  |
|           | <i>Live Well</i>          | Spinach and Feta Turn Overs (V)                                                                            |  |
|           | <i>Plant Inspired</i>     | Organic Baby Spinach Salad, Red Onion, Feta & Citrus, Orange Vinaigrette (V)(MWOG)                         |  |
|           | <i>Sweet Treat</i>        | Apple Pie Ala Mode (V)                                                                                     |  |
| Wednesday |                           | September 16, 2026                                                                                         |  |
| Breakfast | <i>Breakfast Grill</i>    | House Made Waffles,(V) Cage-Free Scrambled Eggs (V)(MWOG)                                                  |  |
|           | <i>Comfort Food</i>       | Old Fashioned Oatmeal & Brown Sugar, Raisins, Cream (V)(MWOG)                                              |  |
|           | <i>Global Adventure</i>   | O.J., Cold Cereals, Toast, Fruit Salad (V)(MWOG)                                                           |  |
| Lunch     | <i>Global Adventure</i>   | Quesabirias (MWOG) Spanish Rice, (V)(MWOG) Black Beans, (V) Fresh corn on the Cob(V)(MWOG)                 |  |
|           | <i>Live Well</i>          | Organic Kale Quiche (V)                                                                                    |  |
|           | <i>Vegan Bar</i>          | Butternut Squash, Black Bean Tacos & Salsas Frescas (V)(MWOG)                                              |  |
|           | <i>Deli Creations</i>     | Ham Sandwiches, Spinach and Tomato on Whole Wheat Sliced Bread                                             |  |
|           | <i>Buddha Bowl</i>        | Crunchy Asian Salad (MWOG)                                                                                 |  |
| Dinner    | <i>Global Adventure</i>   | BBQ Burgers & Hot Dogs, All The Fixings (V) BBQ Beans (V)(MWOG)                                            |  |
|           | <i>Live Well</i>          | Beyond Burger The Fixings (V)                                                                              |  |
|           | <i>Plant Inspired</i>     | Potatoes Salad & Watermelon Wedges (V)(MWOG)                                                               |  |
|           | <i>Sweet Treat</i>        | Fresh Chocolate Chip Cookies (V)                                                                           |  |
| Thursday  |                           | September 17, 2026                                                                                         |  |
| Breakfast | <i>Breakfast Grill</i>    | Cage Free Scrambled Eggs, Cinnamon Raisin Toast (V)                                                        |  |
|           | <i>Breakfast Sandwich</i> | Eggs McMuffin San Domenico (V)                                                                             |  |
|           | <i>Breakfast Booster</i>  | Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals (V)(MWOG)                                 |  |
| Lunch     | <i>Global Adventure</i>   | Grilled Cheese Sandwiches (V) Ham Sandwiches, Home Made Fries (MWOG) Grilled Corn, Carrot                  |  |
|           | <i>Live Well</i>          | Bang Bang Sweet Potatoes (V)(MWOG)                                                                         |  |
|           | <i>Vegan Bar</i>          | Crispy Black Bean & Tofu Taco, Salsas (VG)(MWOG)                                                           |  |
|           | <i>Deli Creations</i>     | Roast Beef Sandwiches/ Cheddar Cheese on Fresh Baguette                                                    |  |
|           | <i>Budda Bowl</i>         | Crunchy Asian Ramen Salad (VG)(MWOG)                                                                       |  |
| Dinner    | <i>Global Adventure</i>   | Lamb Chops & Grilled Salmon, Fresh Tarragon Sauce, Rice Pilaf, Roasted Vegetables (V)(MWOG)                |  |
|           | <i>Live Well</i>          | Vegan Keto Coconut Curry with Organic Brown Rice (V)(MWOG)                                                 |  |
|           | <i>Plant Inspired</i>     | Cobb Salad W/ Blue Cheese Dressing (V)(MWOG)                                                               |  |
|           | <i>Sweet Treat</i>        | Cinnamon Rolls w/ Cream Cheese Frosting (V)                                                                |  |
| Friday    |                           | September 18, 2026                                                                                         |  |
| Breakfast | <i>Breakfast Grill</i>    | Caramelized French Toast & Maple Syrup (V) Cage Free Scrambled Eggs (V)                                    |  |
|           | <i>Breakfast Sandwich</i> | Eggs Florentine on a House Made Big Bottom Biscuit & Hollandaise Sauce (V)                                 |  |
|           | <i>Breakfast Booster</i>  | Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, (V)(MWOG)                                |  |
| Lunch     | <i>Global Adventure</i>   | Orange Honey Cage Free Chicken, Jasmine Rice, Cabbage and Carrots, (V)(MWOG)                               |  |
|           | <i>Live Well</i>          | Broccoli & Tofu Stir Fry MTO, (V)(MWOG)                                                                    |  |
|           | <i>Vegan Bar</i>          | Vegetarian Lasagna , (V)(MWOG)                                                                             |  |
|           | <i>Deli Creations</i>     | Turkey Sandwiches W/ Jack Cheese, Tomato on Sweet Baguettes                                                |  |
|           | <i>Buddha Bowl</i>        | Dragon Bowl with Prawns , (V)(MWOG)                                                                        |  |
| Dinner    | <i>Global Adventures</i>  | Tuscany Pasta W/Grilled Chicken or Mapo Shrimp and Fresh Blue Lake Green Beans , (V)(MWOG)                 |  |
|           | <i>Live Well</i>          | White Bean Cake Over Swiss Chard Sauté , (VG)(MWOG)                                                        |  |
|           | <i>Plant Inspired</i>     | Mixed Greens W/ Raspberry Vinaigrette , (VG)(MWOG)                                                         |  |
|           | <i>Sweet Treat</i>        | Italian Wedding Cookies (V)                                                                                |  |

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| <b>Café Service Hours</b><br>Breakfast: 7:20 am - 8:00 am<br>Lunch: 11:30 am - 1:45 pm<br>Dinner: 6:00 pm - 6:45 pm                                                                                                                                                                                                             |  |
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| <b>Soup du Jour</b><br><i>Daily Soup Offering</i><br><b>Monday</b><br><b>Potato Chowder (V) (MWOG)</b><br><b>Tuesday</b><br><b>Tomato Bisque(V) (MWOG)</b><br><b>Wednesday</b><br><b>Cage Free Chicken Pozole</b><br><b>Thursday</b><br><b>Lemon Cage Free Chicken Orzo</b><br><b>Friday</b><br><b>French Onion Soup (MWOG)</b> |  |
|                                                                                                                                                                                                                                               |  |
| <b>Oh, So Fresh!</b>                                                                                                                                                                                                                                                                                                            |  |
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| <b>Favorite of the Week...</b><br><b>Grilled Vegetable Panini!</b>                                                                                                                                                                                                                                                              |  |

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| <b>Saturday</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>September 19, 2026</b>                                                                           |
| <b>Breakfast Grill</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Eggs Benedict with Cage Free Eggs and House Made Hollandaise Sauce, (V)                             |
| <b>Breakfast Bistro</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Cage Free Chicken & Waffles, Organic Blueberries ,Maple Syrup                                       |
| <b>Oven Baked</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast, Assorted Cold Cereals , (V)(MWOG) |
| <b>Global Adventures</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Salvadorean Churrasco , Beef, Chicken, Chorizo Yellow Rice, Black Beans                             |
| <b>Live Well</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Pupusas & Curtido , (V)(MWOG)                                                                       |
| <b>Plant Inspired</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Chef's Salad with House Made Ranch Dressing (V)(MWOG)                                               |
| <b>Sweet Treat</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Home Made Lindas Flan (V)                                                                           |
| <b>Sunday</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>September 20, 2026</b>                                                                           |
| <b>Breakfast Grill</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Made to Order San Domenico Omelet Bar , (V)(MWOG)                                                   |
| <b>Breakfast Bistro</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Glazed French Toast with Maple Syrup and Warm Fruit Compote , (V)(MWOG)                             |
| <b>Oven Baked</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | O.J., Granola Yogurt Parfait, Toast, (V)(MWOG)                                                      |
| <b>Global Adventure</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Chicken Piccata & Grilled Pork Chops, Mashed Potatoes, Organic Carrot & Broccoli, (V)(MWOG)         |
| <b>Live Well</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Lentil Stew Over Brown Rice , (V)(MWOG)                                                             |
| <b>Plant Inspired</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Spring Garden Salad with Fennel, Olives, Pepperoncini's, Italian Vinaigrette, (V)(MWOG)             |
| <b>Sweet Treat</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Rice Crispies Treats (V)                                                                            |
| <b>Epicurean Group at San Domenico School</b><br><u><b>Operations Manager:</b></u><br><b>Ricardo Zavala</b><br><u><b>Executive Chef</b></u><br><b>Ramon Zavala</b><br><b>Café Phone:</b><br><b>415-258-1965</b><br><b>For Catering or Special Events:</b><br><a href="mailto:Ricardo@epicurean-group.com">Ricardo@epicurean-group.com</a>                                                                                                                                                                                                                            |                                                                                                     |
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| <b>Menu Key</b><br> <b>Vegetarian</b>  <b>Vegan</b>  <b>Made without Gluten, May Contain Gluten Dust</b>                                                                                                                                                                                              |                                                                                                     |
| <b>FOOD-ALLERGIC INDIVIDUALS:</b> Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, and tree nut products, sesame and other potential allergens in the food production areas of our facility.<br><br>It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient dense and delicious food possible every single day! |                                                                                                     |
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| <b>Warm &amp; Comforting Beverage</b><br><b>Home Made Cookies every Wednesday - Hot Chocolate every Friday</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                     |

| Café Service Hours                                                    |
|-----------------------------------------------------------------------|
| Saturday - Sunday<br>Brunch: 11:30 - 1pm<br>Dinner: 6:00 pm - 6:45 pm |
| We thank you for the opportunity to nourish you!                      |
| GO PANTHERS!                                                          |