



Monday		October 20, 2025	
Breakfast	Breakfast Skillet	Cage Free Scrambled(V) Applewood Smoked Bacon (MWOG)	
	Breakfast Griddle	Home Made Bagel Sandwiches, Fried Egg, Cheddar Tomato, Grilled Onions (V)	
	Breakfast Booster	O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad (MWOG)	
Lunch	Global Adventure	Cage Free Butter Chicken, Basmati Rice, Chickpeas Curry, (MWOG) Roasted Cauliflower, Spinach Tofu	
	Live Well	Eggplant Stew, Organic Brown Rice (V)(MWOG)	
	Vegan Bar	Indian Curry Cous Cous (V)	
	Deli Creations	Honey Baked Ham Sandwiches & Provolone Cheese, Tomato & Sweet Baguettes	
Dinner	Buddha Bowl	Roasted Saffron Cauliflower (V)(MWOG)	
	Global Adventures	C F Chicken Parmesan, Roast Beef & Chimichurri Sauce (MWOG) & Roasted Potatoes, (V)Fresh Grilled Asparagus	
	Live Well	Zucchini Parmesan & Pomodoro Sauce (VG)(MWOG)	
	Plant Inspired	Classic Green Salad, Ranch & Balsamic Dressing (V) (MWOG)	
	Sweet Treat	Vanilla Cheese Cake (V)	
Tuesday		October 21, 2025	
Breakfast	Breakfast Grill	Cage Free Scrambled Eggs (V) Grilled Ham (MWOG)	
	Breakfast Sandwich	Croissant Breakfast Sandwich, Cage Free Fried Egg, Clover Cheese. (V)	
	Breakfast Booster	Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt (V)(MWOG)	
Lunch	Global Adventure	Penne Pasta & Marinara, Pesto Sauce (V) & Spring Vegetables (VG)(MWOG)	
	Live Well	Buffalo Cauliflower (VG)(MWOG)	
	Vegan Bar	Penne Pasta & Marinera Sauce (VG)(MWOG)	
	Deli Creations	Chicken Sandwich, Cheddar Cheese, Lettuce, on Croissants	
Dinner	Buddha Bowl	Bibimbap Salad(V) (MWOG)	
	Global Adventure	Stir Fry Shrimp or Orange Chicken & Sticky Rice, (V)(MWOG) Sautéed Bok Choy (V)(MWOG)	
	Live Well	Spinach and Feta Turn Overs (V)	
	Plant Inspired	Organic Baby Spinach Salad, Red Onion, Feta & Citrus, Orange Vinaigrette (V)(MWOG)	
	Sweet Treat	Apple Pie Ala Mode (V)	
Wednesday		October 22, 2025	
Breakfast	Breakfast Grill	House Made Waffles,(V) Cage-Free Scrambled Eggs (V)(MWOG)	
	Comfort Food	Old Fashioned Oatmeal & Brown Sugar, Raisins, Cream (V)(MWOG)	
	Global Adventure	O.J., Cold Cereals, Toast, Fruit Salad (V)(MWOG)	
Lunch	Global Adventure	Crispy Chicken Tenders, Mashed Potatoes,(V) HM Gravy, Carrots & Green Peas(VG)	
	Live Well	Veggie Pad Thai (VG)(MWOG)	
	Vegan Bar	Quinoa Pilaf MTO (VG)(MWOG)	
	Deli Creations	Cage Free Egg Salad Sandwiches, Spinach and Tomato on Whole Wheat Sliced Bread	
Dinner	Buddha Bowl	Jamaican Jerk Salad (V) (MWOG)	
	Global Adventure	BBQ Burgers & Hot Dogs, All The Fixings (V) BBQ Beans (V)(MWOG)	
	Live Well	Beyond Burger The Fixings (V)	
	Plant Inspired	Potatoes Salad & Watermelon Wedges (V)(MWOG)	
	Sweet Treat	Fresh Chocolate Chip Cookies (V)	
Thursday		October 23, 2025	
Breakfast	Breakfast Grill	Cage Free Scrambled Eggs, Cinnamon Raisin Toast (V)	
	Breakfast Sandwich	Eggs McMuffin San Domenico (V)	
	Breakfast Booster	Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals (V)(MWOG)	
Lunch	Global Adventure	Grass Fed Beef Slider, Home Made Potato Wedges,(MGOG) Quinoa Slider, (V)Corn On the Cob (VG)	
	Live Well	Bang Bang Sweet Potatoes (V)(MWOG)	
	Vegan Bar	Crispy Black Bean & Tofu Taco, Salsas (VG)(MWOG)	
	Deli Creations	Roast Turkey Sandwiches/ Cheddar Cheese on Fresh Baguette	
Dinner	Budda Bowl	Crunchy Asian Ramen Salad (VG)(MWOG)	
	Global Adventure	Lamb Chops & Grilled Salmon, Fresh Tarragon Sauce, Rice Pilaf, Roasted Vegetables (V)(MWOG)	
	Live Well	Vegan Keto Coconut Curry with Organic Brown Rice (V)(MWOG)	
	Plant Inspired	Cobb Salad W/ Blue Cheese Dressing (V)(MWOG)	
	Sweet Treat	Cinnamon Rolls w/ Cream Cheese Frosting (V)	
Friday		October 24, 2025	
Breakfast	Breakfast Grill	Caramelized French Toast & Maple Syrup (V) Cage Free Scrambled Eggs (V)	
	Breakfast Sandwich	Eggs Florentine on a House Made Big Bottom Biscuit & Hollandaise Sauce (V)	
	Breakfast Booster	Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, (V)(MWOG)	
Lunch	Global Adventure	Orange Honey Cage Free Chicken, Jasmine Rice, Cabbage and Carrots, (V)(MWOG)	
	Live Well	Broccoli & Tofu Stir Fry MTO, (V)(MWOG)	
	Vegan Bar	Vegetarian Lasagna , (V)(MWOG)	
	Deli Creations	Roast Beef W/ Jack Cheese, on Sweet Baguettes	
Dinner	Buddha Bowls	Dragon Bowl with Prawns , (V)(MWOG)	
	Global Adventures	Tuscan Pasta W/Grilled Chicken or Mago Shrimp and Fresh Blue Lake Green Beans , (V)(MWOG)	
	Live Well	White Bean Cake Over Swiss Chard Sauté , (VG)(MWOG)	
	Plant Inspired	Mixed Greens W/ Raspberry Vinaigrette , (VG)(MWOG)	
	Sweet Treat	Italian Wedding Cookies (V)	

Café Service Hours Breakfast: 7:20 am - 8:00 am Lunch: 11:30 am - 1:45 pm Dinner: 6:00 pm - 6:45 pm	
	
Soup du Jour <i>Daily Soup Offering</i> Monday <i>Vegetable Quinoa Lentil</i> Tuesday <i>French Onion (V) (MWOG)</i> Wednesday <i>Potato Chowder (V) (MWOG)</i> Thursday <i>Tomato Bisque</i> Friday <i>Grass Fed Beef & Barley</i>	
	
Oh, So Fresh!	
	
Favorite of the Week... Grilled Vegetable Panini!	

Saturday	October 25, 2025
Breakfast Grill	Eggs Benedict with Cage Free Eggs and House Made Hollandaise Sauce, (V)
Breakfast Bistro	Cage Free Chicken & Waffles, Organic Blueberries ,Maple Syrup
Oven Baked	Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast, Assorted Cold Cereals , (V)(MWOG)
Global Adventures	Salvadorean Churrasco , Beef, Chicken, Chorizo Yellow Rice, Black Beans
Live Well	Pupusas & Curtido , (V)(MWOG)
Plant Inspired	Chef's Salad with House Made Ranch Dressing (V)(MWOG)
Sweet Treat	Home Made Lindas Flan (V)
Sunday	October 26, 2025
Breakfast Grill	Made to Order San Domenico Omelet Bar , (V)(MWOG)
Breakfast Bistro	Glazed French Toast with Maple Syrup and Warm Fruit Compote , (V)(MWOG)
Oven Baked	O.J., Granola Yogurt Parfait, Toast, (V)(MWOG)
Global Adventure	Chicken Piccata & Grilled Pork Chops, Mashed Potatoes, Organic Carrot & Broccoli, (V)(MWOG)
Live Well	Lentil Stew Over Brown Rice , (V)(MWOG)
Plant Inspired	Spring Garden Salad with Fennel, Olives, Pepperoncini's, Italian Vinaigrette, (V)(MWOG)
Sweet Treat	Rice Crispies Treats (V)
Epicurean Group at San Domenico School <u>Operations Manager:</u> Ricardo Zavala <u>Executive Chef</u> Ramon Zavala <u>Café Phone</u> 415-258-1965 <u>For Catering or Special Events</u> <u>Ricardo@epicurean-group.com</u>  EPICUREAN GROUP <i>fresh. honest. local.</i>	
Menu Key  Vegetarian  Vegan  Made without Gluten, May Contain Gluten Dust FOOD-ALLERGIC INDIVIDUALS: Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, and tree nut products, sesame and other potential allergens in the food production areas of our facility. <i>It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient dense and delicious food possible every single day!</i>	
  Warm & Comforting Beverage House Made Cookies every Wednesday - Hot Chocolate every Friday	

Café Service Hours
Saturday - Sunday Brunch: 11:30 - 1pm Dinner: 6:00 pm - 6:45 pm
We thank you for the opportunity to nourish you!
GO PANTHERS!