



San Domenico Caf 

Monday February 10, 2025

Breakfast	Breakfast Skillet Cage Free Scrambled Eggs with Applewood Smoked Bacon
	Breakfast Griddle Home Made Bagel Sandwiches, Fried Egg, Cheddar Cheese, Tomato and Rosas Sauce
	Breakfast Booster O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad
Lunch	Global Adventure Grilled Cheese and Ham Sandwiches with Home Made Fries
	Live Well Butternut Squash and Black Bean Tacos W/ Salsas Frescas
	Vegan Bar Vegetables Curry W/ Organic Brown Rice
	Deli Creations Turkey Sandwiches W/ Provolone cheese, Tomato on Sweet Baguettes
	Buddha Bowl Roasted Safron Cauliflower
Dinner	Global Adventures Chicken Parmesan or Roasted Beef w/ Chimichurri Sauce with Roasted Potatoes and Fresh Grilled Asparagus
	Live Well Zucchini Parmesan with Pomodoro Sauce
	Plant Inspired Classic Green Salad with Ranch or Balsamic Dressing
	Sweet Treat Vanilla Cheese Cake

Tuesday February 11, 2025

Breakfast	Breakfast Grill Cage Free Scrambled Eggs with a side of Ham
	Breakfast Sandwich Croissant Breakfast Sandwich with Cage Free Eggs and Clover Cheese
	Breakfast Booster Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt
Lunch	Global Adventure Penne Pasta with Marinara or Pesto Sauce Winter Vegetables
	Live Well Buffalo cauliflower
	Vegan Bar Gluten free Pasta W/Marinera Sauce
	Deli Creations Chicken Sandwich, Cheddar Chicken, Lettuce, on Croissants
	Buddha Bowl Bibinbap Salad
Dinner	Global Adventure Stir Fry Shrimp or Orange Chicken w/ Sticky Rice , Saut�ed Bok choy
	Live Well Spinach and Feta Turn Overs
	Plant Inspired Organic Baby Spinach Salad with Red Onion, Feta and Citrus, Orange Vinaigrette
	Sweet Treat Apple Pie Ala Mode

Wednesday February 12, 2025

Breakfast	Breakfast Grill House Made Waffles and Cage-Free Scrambled Eggs
	Comfort Food Old Fashioned Oatmeal with Brown Sugar, Raisins and Cream
	Global Adventure O.J., Cold Cereals, Toast, Fruit Salad
	Global Adventure Crispy Chicken Tenders W/ Mashed Potatoes & Gravy Carrots and Green Peas
Lunch	Live Well Veggie Pad Thai
	Vegan Bar Quinoa Pilaf
	Deli Creations Ham Sandwiches W/ Spinach and Tomato on Whole Wheat Sliced Bread
	Buddha Bowl Jimaican Jerk Salad
Dinner	Global Adventure BBQ Burgers or Hot Dogs W/ The Fixings BBQ Beans
	Live Well Beyond Burger The Fixings
	Plant Inspired Potatoes Salad W/ Watermelon Wedges
	Sweet Treat Fresh Chocolate Chip Cookies

Thursday February 13, 2025

Breakfast	Breakfast Grill Cage Free Scrambled Eggs, Cinnamon Raisin Toast
	Breakfast Sandwich Eggs McMuffin San Domenico
	Breakfast Booster Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals
Lunch	Global Adventure Carne Asada or Alpastor Tacos with Yellow Rice and Black Beans and Grilled Corn and Peas
	Live Well Bang Bang Sweet Potatoes
	Vegan Bar Crispy Black Bean and Tofu Tostadas W/ Salsas
	Deli Creations Roast Beef Sandwiches/ Cheddar Cheese on Fresh Baguette
	Budda Bowl Crunchy Asian Ramen Salad
Dinner	Global Adventure Lamb Chops or Grilled Salmon W/ Fresh Tarragon Sauce, Rice Pilaf, Roasted Vegetables
	Live Well Vegan Keto Coconut Curry with Organic Brown Rice
	Plant Inspired Cobb Salad W/ Blue Cheese Dressing
	Sweet Treat Chocolate Cake W/ Fresh Berries

Friday February 14, 2025

Breakfast	Breakfast Grill Caramelized French Toast with Maple Syrup
	Breakfast Sandwich Eggs Florentine on a House Made Big Bottom Biscuit with Hollandaise Sauce
	Breakfast Booster Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, Cage Free Scrambled Eggs
Lunch	Global Adventure Orange Honey Cage Free Chicken, Jasmine Rice, Cabbage and Carrots
	Live Well Glass Noddle's W/ Grilled Vegetables
	Vegan Bar Egg Plant Parmesan W/ Marinera Sauce
	Deli Creations Turkey Sandwiches W/ Jack Cheese, Tomato on Sweet Baguettes
	Buddha Bowl Dragon Bowl with Prawns
Dinner	Global Adventures Tuscany Pasta W/Grilled Chicken or Mapo Shrimp and Fresh Blue Lake Green Beans
	Live Well White Bean Cake Over Swiss Chard Saut�
	Plant Inspired Mixed Greens W/ Raspberry Vinaigrette
	Sweet Treat Italian Wedding Cookies

Caf  Service Hours

Breakfast: 7:20 am - 8:00 am
 Lunch: 11:30 am - 1:45 pm
 Dinner: 6:00 pm - 6:45 pm



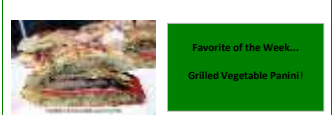
Soup du Jour

Daily Soup Offering
Monday
 Roasted Tomato
Tuesday
 Diestel Turkey & Rice
Wednesday
 Potatoes Chowder
Thursday
 Cage Free Tortilla Soup
Friday
 Corn & Egg Drop Soup



Oh, So Fresh!

Favorite of the Week...



Grilled Vegetable Panini!

Saturday February 15, 2025

Breakfast Grill	Eggs Benedict with Cage Free Eggs and House Made Hollandaise Sauce
Breakfast Bistro	Chicken and Waffles with Organic Blueberries and Maple Syrup
Oven Baked	Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast, Assorted Cold Cereals
Global Adventures	Salvadorean Churrasco , Beef, Chicken, Chorizo Yellow Rice, Black Beans
Live Well	Pupusas W/ Cortido
Plant Inspired	Chef's Salad with House Made Ranch Dressing
Sweet Treat	Home Made Flan

Sunday February 16, 2025

Breakfast Grill	Made to Order San Domenico Omelet Bar
Breakfast Bistro	Glazed French Toast with Maple Syrup and Warm Fruit Compote
Oven Baked	O.J., Granola Yogurt Parfait, Toast
Global Adventure	Chicken Piccata or Grilled Pork Chops with Mashed Potatoes and Organic Carrot and Broccoli
Live Well	Lentil Stew Over Brown Rice
Plant Inspired	Fall Garden Salad with Fennel, Olives and Pepperoncini's, Italian Vinaigrette
Sweet Treat	Rice Crispies Treats

Epicurean Group at San Domenico School

Operations Manager:
Ricardo Zavala

Executive Chef:
Ramon Zavala

Caf  Phone:
415-258-1965

For Catering or Special Events:
Ricardo@epicurean-group.com

EPICUREAN GROUP
 fresh. honest. local.

Menu Key

V Vegetarian **GF** Gluten Free **Grass Fed**
Organic **Cage Free** **Free Range**

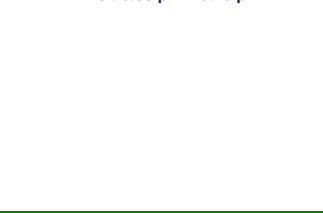
It is important that an athlete's diet provides the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient-dense and delicious food possible every single day!



Warm & Comforting Beverage
House Made Cookies every Wednesday - Hot Chocolate every Friday

Caf  Service Hours

Saturday - Sunday
 Brunch: 11:30 - 1pm
 Dinner: 6:00 pm - 6:45 pm



We thank you for the opportunity to nourish you!



GO PANTHERS!

