# San Domenico Café

## Monday November 30, 2026

**Breakfast**
- Breakfast Skillet: Cage Free Scrambled( V) Applewood Smoked Bacon (MWOG)
- Breakfast Griddle: Home Made Bagel Sandwiches, Fried Egg, Cheddar Cheese, Tomato, Grilled Onions (V)
- Breakfast Booster: O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad (MWOG)

**Lunch**
- Global Adventure: Chicken Enchilada Casserole , Spanish Rice, Black Beans, (MWOG) Roasted Winter Vegetables (VG)
- Live Well: Bang Bang Sweet Potato (V)(MWOG)
- Vegan Bar: Black Bean & Rice Crispy Tostadas (VG)
- Deli Creations: Honey Baked Ham Sandwiches & Provolone Cheese, Tomato & Sweet Baguettes
- Buddha Bowl: Crunchy Asian Ramen Salad (V)(MWOG)

**Dinner**
- Global Adventures: C F Chicken Parmesan, Roast Beef & Chimichurri Sauce (MWOG) & Roasted Potatoes, (V)Fresh Grilled Asparagus (
- Live Well: Zucchini Parmesan & Pomodoro Sauce (VG)(MWOG)
- Plant Inspired: Classic Green Salad, Ranch & Balsamic Dressing (V) (MWOG)
- Sweet Treat: Vanilla Cheese Cake (V)

## Tuesday December 1, 2026

**Breakfast**
- Breakfast Grill: Cage Free Scrambled Eggs (V) Grilled Ham (MWOG)
- Breakfast Sandwich: Croissant Breakfast Sandwich, Cage Free Fried Egg, Clover Cheese. (V)
- Breakfast Booster: Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt (V)(MWOG)

**Lunch**
- Global Adventure: Penne Pasta & Marinara, Pesto Sauce (V) & Winter Vegetables (VG)(MWOG)
- Live Well: Buffalo Cauliflower (VG)(MWOG)
- Vegan Bar: Penne Pasta & Marinera Sauce (VG)(MWOG)
- Deli Creations: Chicken Sandwich, Cheddar Cheese, Lettuce, on Croissants
- Buddha Bowl: Bibimbap Salad(V) (MWOG)

**Dinner**
- Global Adventure: Stir Fry Shrimp or Orange Chicken & Sticky Rice, (V)(MWOG) Sautéed Bok Choy (V)(MWOG)
- Live Well: Spinach and Feta Turn Overs (V)
- Plant Inspired: Organic Baby Spinach Salad, Red Onion, Feta & Citrus, Orange Vinaigrette (V)(MWOG)
- Sweet Treat: Apple Pie Ala Mode (V)

## Wednesday December 2, 2026

**Breakfast**
- Breakfast Grill: House Made Waffles,(V) Cage-Free Scrambled Eggs (V)(MWOG)
- Comfort Food: Old Fashioned Oatmeal & Brown Sugar, Raisins, Cream (V)(MWOG)
- Global Adventure: O.J., Cold Cereals, Toast, Fruit Salad (V)(MWOG)

**Lunch**
- Global Adventure: Crispy Chicken Tenders, Mashed Potatoes,(V) HM Gravy, Carrots & Green Peas(VG)
- Live Well: Veggie Pad Thai (VG)(MWOG)
- Vegan Bar: Quinoa Pilaf MTO (VG)(MWOG)
- Deli Creations: Cage Free Egg Salad Sandwiches, Spinach and Tomato on Whole Wheat Sliced Bread
- Buddha Bowl: Jamaican Jerk Salad (V) (MWOG)

**Dinner**
- Global Adventure: BBQ Burgers & Hot Dogs, All The Fixings (V) BBQ Beans (V)(MWOG)
- Live Well: Beyond Burger The Fixings (V)
- Plant Inspired: Potatoes Salad & Watermelon Wedges (V)(MWOG)
- Sweet Treat: Fresh Chocolate Chip Cookies (V)

## Thursday December 3, 2026

**Breakfast**
- Breakfast Grill: Cage Free Scrambled Eggs, Cinnamon Raisin Toast (V)
- Breakfast Sandwich: Eggs McMuffin San Domenico (V)
- Breakfast Booster: Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals (V)(MWOG)

**Lunch**
- Global Adventure: Grass Fed Beef Slider, Home Made Potatoe Wedges,(MGOG) Quinoa Slider, (V)Corn On the Cob (VG)
- Live Well: Crispy Black Bean & Tofu Taco , Salsas (VG)(MWOG)
- Vegan Bar: Vegetables Curry & Organic Brown Rice (VG)(MWOG)
- Deli Creations: Roasted Turkey Sandwiches/ Cheddar Cheese on Fresh Baguette
- Budda Bowl: Roasted Saffron Caulifkower (VG)(MWOG)

**Dinner**
- Global Adventure: Lamb Chops & Grilled Salmon, Fresh Tarragon Sauce, Rice Pilaf, Roasted Vegetables (V)(MWOG)
- Live Well: Vegan Keto Coconut Curry with Organic Brown Rice (V)(MWOG)
- Plant Inspired: Cobb Salad W/ Blue Cheese Dressing (V)(MWOG)
- Sweet Treat: Cinnamon Rolls w/ Cream Cheese Frosting (V)

## Friday December 4, 2026

**Breakfast**
- Breakfast Grill: Caramelized French Toast & Maple Syrup (V) Cage Free Scrambled Eggs (V)
- Breakfast Sandwich: Eggs Florentine on a House Made Big Bottom Biscuit & Hollandaise Sauce (V)
- Breakfast Booster: Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, (V)(MWOG)

**Lunch**
- Global Adventure: Orange Honey Cage Free Chicken, Jasmine Rice, Cabbage and Carrots, (V)(MWOG)
- Live Well: Broccoli & Tofu Stir Fry MTO, (V)(MWOG)
- Vegan Bar: Vegetarian Lasagna , (V)(MWOG)
- Deli Creations: Roast Beef W/ Jack Cheese, on Sweet Baguettes
- Buddha Bowl: Tostada Bowl (V)(MWOG)

**Dinner**
- Global Adventures: Tuscany Pasta W/Grilled Chicken or Mapo Shrimp and Fresh Blue Lake Green Beans , (V)(MWOG)
- Live Well: White Bean Cake Over Swiss Chard Sauté , (VG)(MWOG)
- Plant Inspired: Mixed Greens W/ Raspberry Vinaigrette , (VG)(MWOG)
- Sweet Treat: Italian Wedding Cookies (V)

## Café Service Hours

**Breakfast: 7:20 am - 8:00 am**
**Lunch: 11:30 am - 1:45 pm**
**Dinner: 6:00 pm - 6:45 pm**

## Soup du Jour

*Daily Soup Offering*

**Monday**
***Vegetable Quinoa Lentil***

**Tuesday**
***Matzo Soup***

**Wednesday**
***Potato Chowder (V) (MWOG)***

**Thursday**
***Tomato Bisque***

**Friday**
***Grass Fed Beef & Barley***



**Oh, So Fresh!**



**Favorite of the Week...**

**Grilled Vegetable Panini!**

## Saturday December 5, 2026

**Breakfast**
- Breakfast Grill: Eggs Benedict with Cage Free Eggs and House Made Hollandaise Sauce, (V)
- Breakfast Bistro: Cage Free Chicken & Waffles, Organic Blueberries ,Maple Syrup
- Oven Baked: Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast, Assorted Cold Cereals , (V)(MWOG)

**Lunch**
- Global Adventures: Salvadorean Churrasco , Beef, Chicken, Chorizo Yellow Rice, Black Beans
- Live Well: Pupusas & Curtido , (V)(MWOG)

**Dinner**
- Plant Inspired: Chef's Salad with House Made Ranch Dressing (V)(MWOG)
- Sweet Treat: Home Made Lindas Flan (V)

## Sunday December 6, 2026

**Breakfast**
- Breakfast Grill: Made to Order San Domenico Omelet Bar , (V)(MWOG)
- Breakfast Bistro: Glazed French Toast with Maple Syrup and Warm Fruit Compote , (V)(MWOG)
- Oven Baked: O.J., Granola Yogurt Parfait, Toast, (V)(MWOG)

**Lunch**
- Global Adventure: Chicken Piccata & Grilled Pork Chops, Mashed Potatoes, Organic Carrot & Broccoli, (V)(MWOG)
- Live Well: Lentil Stew Over Brown Rice , (V)(MWOG)

**Dinner**
- Plant Inspired: Spring Garden Salad with Fennel, Olives, Pepperoncini's, Italian Vinaigrette, (V)(MWOG)
- Sweet Treat: Rice Crispies Treats (V)

## Epicurean Group at San Domenico School


**Operations Manager:**
**Ricardo Zavala**

**Executive Chef**
**Ramon Zavala**

**Café Phone**
**415-258-1965**

**For Catering or Special Events**

Ricardo@epicurean-group.com


EPICUREAN GROUP
*fresh. honest. local.*

## Menu Key

V Vegetarian · Vegan · Made without Gluten, May Contain Gluten Dust

FOOD-ALLERGIC INDIVIDUALS: Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut, and tree nut products, sesame and other potential allergens in the food production areas of our facility.

It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient dense and delicious food possible every single day!





**Warm & Comforting Beverage**
**House Made Cookies every Wednesday - Hot Chocolate every Friday**

## Café Service Hours

**Saturday - Sunday**
**Brunch: 11:30 - 1pm**
**Dinner: 6:00 pm - 6:45 pm**

**We thank you for the opportunity to nourish you!**

**GO PANTHERS!**