



	Monday	April 21, 2025
Breakfast	Breakfast Skillet	Cage Free Scrambled(V) Applewood Smoked Bacon (MWOG)
	Breakfast Griddle	Home Made Bagel Sandwiches, Fried Egg, Cheddar Bacon, Grilled Onions (V)
Lunch	Breakfast Booster	O.J., Old Fashioned Oatmeal, Toast, Assorted Cold Cereals, Fresh Fruit Salad (MWOG)
	Global Adventure	Grilled Cheese Sandwiches(V) Ham Sandwiches, Home Made Fries (MWOG) Grilled Corn, Carrot
	Live Well	Butternut Squash, Black Bean Tacos & Salsas Frescas (V)(MWOG)
	Vegan Bar	Vegetables Curry & Organic Brown Rice (VG)(MWOG)
Dinner	Deli Creations	Turkey Sandwiches & Provolone Cheese, Tomato & Sweet Baguettes
	Buddha Bowl	Roasted Saffron Cauliflower (V)(MWOG)
	Global Adventures	CF Chicken Parmesan, Roast Beef & Chimichurri Sauce (MWOG) & Roasted Potatoes, (V)Fresh Grilled Asparagus
	Live Well	Zucchini Parmesan & Pomodoro Sauce (VG)(MWOG)
	Plant Inspired	Classic Green Salad, Ranch & Balsamic Dressing (V) (MWOG)
	Sweet Treat	Vanilla Cheese Cake (V)
	Tuesday April 22, 2025	
	Breakfast	Breakfast Grill
Breakfast Sandwich		Croissant Breakfast Sandwich, Cage Free Fried Egg, Clover Cheese. (V)
Lunch	Breakfast Booster	Assorted Cold Cereals, Fresh Fruit Salad, Toast, Organic Yogurt (V)(MWOG)
	Global Adventure	Penne Pasta & Marinara, Pesto Sauce (V) & Spring Vegetables (VG)(MWOG)
	Live Well	Buffalo Cauliflower (VG)(MWOG)
	Vegan Bar	Penne Pasta & Marinera Sauce (VG)(MWOG)
Dinner	Deli Creations	Chicken Sandwich, Cheddar Cheese, Lettuce, on Croissants
	Buddha Bowl	Bibimbap Salad(V) (MWOG)
	Global Adventure	Stir Fry Shrimp or Orange Chicken & Sticky Rice, (V)(MWOG) Sautéed Bok Choy (V)(MWOG)
	Live Well	Spinach and Feta Turn Overs (V)
	Plant Inspired	Organic Baby Spinach Salad, Red Onion, Feta & Citrus, Orange Vinaigrette (V)(MWOG)
	Sweet Treat	Apple Pie Ala Mode (V)
	Wednesday April 23, 2025	
	Breakfast	Breakfast Grill
Comfort Food		Old Fashioned Oatmeal & Brown Sugar, Raisins, Cream (V)(MWOG)
Lunch	Global Adventure	O.J., Cold Cereals, Toast, Fruit Salad (V)(MWOG)
	Global Adventure	Crispy Chicken Tenders, Mashed Potatoes,(V) HM Gravy, Carrots & Green Peas(VG)
	Live Well	Veggie Pad Thai (VG)(MWOG)
	Vegan Bar	Quinoa Pilaf MTO (VG)(MWOG)
Dinner	Deli Creations	Ham Sandwiches, Spinach and Tomato on Whole Wheat Sliced Bread
	Buddha Bowl	Jamaican Jerk Salad (V) (MWOG)
	Global Adventure	BBQ Burgers & Hot Dogs, All The Fixings (V) BBQ Beans (V)(MWOG)
	Live Well	Beyond Burger The Fixings (V)
	Plant Inspired	Potatoes Salad & Watermelon Wedges (V)(MWOG)
	Sweet Treat	Fresh Chocolate Chip Cookies (V)
	Thursday April 24, 2025	
	Breakfast	Breakfast Grill
Breakfast Sandwich		Eggs McMuffin San Domenico (V)
Lunch	Breakfast Booster	Fresh Organic Fruit Salad, Organic Yogurt, Assorted Cold Cereals (V)(MWOG)
	Global Adventure	Carne Asada & AL pastor Tacos,(MWOG) Yellow Rice, (V)(MWOG) Black Beans, (V) Spring Vegetables (V)(MWOG)
	Live Well	Bang Bang Sweet Potatoes (V)(MWOG)
	Vegan Bar	Crispy Black Bean & Tofu Taco, Salsas (VG)(MWOG)
Dinner	Deli Creations	Roast Beef Sandwiches/ Cheddar Cheese on Fresh Baguette
	Budda Bowl	Crunchy Asian Ramen Salad (VG)(MWOG)
	Global Adventure	Lamb Chops & Grilled Salmon, Fresh Tarragon Sauce, Rice Pilaf, Roasted Vegetables (V)(MWOG)
	Live Well	Vegan Keto Coconut Curry with Organic Brown Rice (V)(MWOG)
	Plant Inspired	Cobb Salad W/ Blue Cheese Dressing (V)(MWOG)
	Sweet Treat	Cinnamon Rolls w/ Cream Cheese Frosting (V)
	Friday April 25, 2025	
	Breakfast	Breakfast Grill
Breakfast Sandwich		Eggs Florentine on a House Made Big Bottom Biscuit & Hollandaise Sauce (V)
Lunch	Breakfast Booster	Make Your Own O.J., Assorted Cold Cereals, Old Fashioned Oatmeal, (V)(MWOG)
	Global Adventure	Orange Honey Cage Free Chicken, Jasmine Rice, Cabbage and Carrots, (V)(MWOG)
	Live Well	Broccoli & Tofu Stir Fry MTO, (V)(MWOG)
	Vegan Bar	Vegetarian Lasagna , (V)(MWOG)
Dinner	Deli Creations	Turkey Sandwiches W/ Jack Cheese, Tomato on Sweet Baguettes
	Buddha Bowl	Dragon Bowl with Prawns , (V)(MWOG)
	Global Adventures	Tuscan Pasta W/Grilled Chicken or Mago Shrimp and Fresh Blue Lake Green Beans , (V)(MWOG)
	Live Well	White Bean Cake Over Swiss Chard Sauté , (VG)(MWOG)
	Plant Inspired	Mixed Greens W/ Raspberry Vinaigrette , (VG)(MWOG)
	Sweet Treat	Italian Wedding Cookies (V)

Café Service Hours Breakfast: 7:20 am - 8:00 am Lunch: 11:30 am - 1:45 pm Dinner: 6:00 pm - 6:45 pm	
	
Soup du Jour <i>Daily Soup Offering</i> Monday Lemon Cage Free Chicken Orzo Tuesday Diestel Turkey & Rice (MWOG) Wednesday Potato Chowder (V) (MWOG) Thursday Tomato Bisque(V) (MWOG) Friday Corn & Egg Drop (V) (MWOG)	
	
Oh, So Fresh!	
	
Favorite of the Week... Grilled Vegetable Panini!	

Saturday

April 26, 2025

Breakfast Grill

Eggs Benedict with Cage Free Eggs and House Made Hollandaise Sauce, (V)

Breakfast Bistro

Cage Free Chicken & Waffles, Organic Blueberries ,Maple Syrup

Oven Baked

Assorted House Made Breakfast Pastries, Fresh Fruit Salad, Toast, Assorted Cold Cereals , (V)(MWOG)

Global Adventures

Salvadorean Churrasco , Beef, Chicken, Chorizo Yellow Rice, Black Beans

Live Well

Pupusas & Curtido , (V)(MWOG)

Plant Inspired

Chef's Salad with House Made Ranch Dressing (V)(MWOG)

Sweet Treat

Home Made Lindas Flan (V)

Sunday

April 27, 2025

Breakfast Grill

Made to Order San Domenico Omelet Bar , (V)(MWOG)

Breakfast Bistro

Glazed French Toast with Maple Syrup and Warm Fruit Compote , (V)(MWOG)

Oven Baked

O.J., Granola Yogurt Parfait, Toast, (V)(MWOG)

Global Adventure

Chicken Piccata & Grilled Pork Chops, Mashed Potatoes, Organic Carrot & Broccoli, (V)(MWOG)

Live Well

Lentil Stew Over Brown Rice , (V)(MWOG)

Plant Inspired

Spring Garden Salad with Fennel, Olives, Pepperoncini's, Italian Vinaigrette, (V)(MWOG)

Sweet Treat

Rice Crispies Treats (V)

Epicurean Group at San Domenico School

Operations Manager:

Ricardo Zavala

Executive Chef

Ramon Zavala

Café Phone

415-258-1965

For Catering or Special Events

Ricardo@epicurean-group.com



Menu Key

V Vegetarian

GF Gluten Free

Grass Fed

Organic

Cage Free

Free Range

It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide students athletes with the most nutrient-dense and delicious food possible every single day!





Warm & Comforting Beverage

House Made Cookies every Wednesday - Hot Chocolate every Friday

Café Service Hours
Saturday - Sunday Brunch: 11:30 - 1pm Dinner: 6:00 pm - 6:45 pm
We thank you for the opportunity to nourish you!
GO PANTHERS!