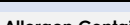
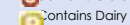


|                                                                                                                                                                             |                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                               |                                         |                                                |                                                                                                                                                                                                                                                                                                                |                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|                                                                                               |  Vegetarian<br> MWOG<br> Free Range |  Vegan<br> Cage Free<br> Organic | San Domenico Café                       |                                                |  Allergen Containing<br> Contains Gluten<br> Contains Dairy |  |
|                                                                                                                                                                             | Middle School Menu                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                               |                                         |                                                |                                                                                                                                                                                                                                                                                                                |                                                                                   |
|                                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                       | Wednesday                               | Thursday                                       | Friday                                                                                                                                                                                                                                                                                                         |                                                                                   |
| Week 1                                                                                                                                                                      | September 14, 2026                                                                                                                                                                                                                                                               | September 15, 2026                                                                                                                                                                                                                                                            | September 16, 2026                      | September 17, 2026                             | September 18, 2026                                                                                                                                                                                                                                                                                             |                                                                                   |
| Soup                                                                                                                                                                        | Potato Chowder (V)( MWOG )                                                                                                                                                                                                                                                       | Tomato Bisque (V) ( MWOG )                                                                                                                                                                                                                                                    | Cage Free Chicken Pozole ( MWOG )       | Lemon Cage Free Chicken Orzo                   | French Onion Soup(V)( MWOG )                                                                                                                                                                                                                                                                                   |                                                                                   |
| Global adventures                                                                                                                                                           | Crispy Chicken Tenders                                                                                                                                                                                                                                                           | Penne Pasta & Pesto Sauce ( V )                                                                                                                                                                                                                                               | Quesabirrias ( MWOG )                   | Grilled Cheese (V) & Ham Sandwiches            | SD Home Made assorted PIZZA                                                                                                                                                                                                                                                                                    |                                                                                   |
| Side                                                                                                                                                                        | Mashed Potatoes & Gravy ( V )                                                                                                                                                                                                                                                    | Marinara Sauce ( VG )                                                                                                                                                                                                                                                         | Black Beans & Spanish Rice ( VG )       | French Fries ( MWOG )                          | SD Home Made Cheese PIZZA ( V )                                                                                                                                                                                                                                                                                |                                                                                   |
| Vegetable                                                                                                                                                                   | Peas & Carrots ( VG )                                                                                                                                                                                                                                                            | Summer Vegetables ( VG )                                                                                                                                                                                                                                                      | Fresh Corn on the Cob ( V )             | Grilled Corn & Carrots ( VG )                  | Cabbage & Carrots ( VG )                                                                                                                                                                                                                                                                                       |                                                                                   |
| Fresh Fruit                                                                                                                                                                 | Fresh Fruit ( V )                                                                                                                                                                                                                                                                | Fresh Fruit ( V )                                                                                                                                                                                                                                                             | Fresh Fruit ( V )                       | Fresh Fruit ( VG )                             | Fresh Fruit ( V )                                                                                                                                                                                                                                                                                              |                                                                                   |
| Deli Counter                                                                                                                                                                | Cage Free Egg Salad Sandwiches ( V )                                                                                                                                                                                                                                             | Chicken Sandwiches                                                                                                                                                                                                                                                            | Ham Sandwiches                          | Turkey Sandwiches                              | Roasted Turkey Sandwiches                                                                                                                                                                                                                                                                                      |                                                                                   |
| Eat Your Greens!                                                                                                                                                            | SD Salad Bar (V)                                                                                                                                                                                                                                                                 | SD Salad Bar (V)                                                                                                                                                                                                                                                              | SD Salad Bar (V)                        | SD Salad Bar (V)                               | SD Salad Bar (V)                                                                                                                                                                                                                                                                                               |                                                                                   |
| Live Well (Veggie Menu)                                                                                                                                                     | Veggie Pad Thai                                                                                                                                                                                                                                                                  | Buffalo Cauliflower ( VG )                                                                                                                                                                                                                                                    | Bang Bang Sweet Potatoes ( MWOG )       | Butternut & Black Bean Taco ( MWOG )           | Vegetarian Lasagna ( MWOG )                                                                                                                                                                                                                                                                                    |                                                                                   |
| Vegan Bar ( Menu )                                                                                                                                                          | Quinoa Pilaf MTO ( MWOG )                                                                                                                                                                                                                                                        | Gluten Free Pasta & Marinara ( MWOG )                                                                                                                                                                                                                                         | Black Beans & Rice Crispy Taco ( MWOG ) | Vegetable Curry with Brown Rice ( MWOG )       | Broccoli & Tofu Stir Fry MTO ( MWOG )                                                                                                                                                                                                                                                                          |                                                                                   |
| Buddha Bowl                                                                                                                                                                 | Jamaican Jerk ( MWOG )                                                                                                                                                                                                                                                           | Bibimbap Salad ( MWOG )                                                                                                                                                                                                                                                       | Crunchy Asian Ramen Salad ( MWOG )      | Roasted Saffron Cauliflower ( MWOG )           | Tostada Bowl ( MWOG )                                                                                                                                                                                                                                                                                          |                                                                                   |
| Week 2                                                                                                                                                                      | September 21, 2026                                                                                                                                                                                                                                                               | September 22, 2026                                                                                                                                                                                                                                                            | September 23, 2026                      | September 24, 2026                             | September 25, 2026                                                                                                                                                                                                                                                                                             |                                                                                   |
| Soup                                                                                                                                                                        | no school                                                                                                                                                                                                                                                                        | Healthy Kale & Quinoa Soup (VG)                                                                                                                                                                                                                                               | Tofu Miso Soup (VG)                     | C F Chicken Noodles (V)(MWOG)                  | Egg & Corn Soup (V)(MWOG)                                                                                                                                                                                                                                                                                      |                                                                                   |
| Global adventures                                                                                                                                                           |                                                                                                                                                                                                                                                                                  | Spaghetti & Meatballs                                                                                                                                                                                                                                                         | Grilled Teriyaki Chicken                | All Beef Hot Dogs                              | Orange Honey Cage Free Chicken                                                                                                                                                                                                                                                                                 |                                                                                   |
| Side                                                                                                                                                                        |                                                                                                                                                                                                                                                                                  | Garlic Bread & Parmesan Cheese ( V )                                                                                                                                                                                                                                          | Sticky Rice & Chow Mein ( VG )          | SD Homemade Fries ( VG )                       | Jasmine Rice ( VG )                                                                                                                                                                                                                                                                                            |                                                                                   |
| Vegetable                                                                                                                                                                   |                                                                                                                                                                                                                                                                                  | Organic Beet & Organic Carrots ( V )                                                                                                                                                                                                                                          | Sautéed Cabbage ( V )                   | Steam Corn on The Cob ( V )                    | Steam Broccoli & Carrots ( V )                                                                                                                                                                                                                                                                                 |                                                                                   |
| Fresh Fruit                                                                                                                                                                 |                                                                                                                                                                                                                                                                                  | Fresh Fruit ( V )                                                                                                                                                                                                                                                             | Fresh Fruit (V)                         | Fresh Fruit (V)                                | Fresh Fruit (V)                                                                                                                                                                                                                                                                                                |                                                                                   |
| Deli Counter                                                                                                                                                                |                                                                                                                                                                                                                                                                                  | Chicken Sandwiches                                                                                                                                                                                                                                                            | Ham Sandwiches                          | Roasted Turkey Sandwiches                      | Roasted Turkey Sandwiches                                                                                                                                                                                                                                                                                      |                                                                                   |
| Eat Your Greens!                                                                                                                                                            |                                                                                                                                                                                                                                                                                  | SD Salad Bar (V)                                                                                                                                                                                                                                                              | SD Salad Bar (V)                        | SD Salad Bar (V)                               | SD Salad Bar (V)                                                                                                                                                                                                                                                                                               |                                                                                   |
| Live Well (Veggie Menu)                                                                                                                                                     |                                                                                                                                                                                                                                                                                  | Pizza Bites ( V )                                                                                                                                                                                                                                                             | Chile Reyenos Baked                     | mushroom terrazini organic brown rice ( MWOG ) | Sweet Potatoes & Corn Enchiladas ( MWOG )                                                                                                                                                                                                                                                                      |                                                                                   |
| Vegan Bar ( Menu )                                                                                                                                                          |                                                                                                                                                                                                                                                                                  | Gluten Free Pasta & Pesto, Marinara ( V )                                                                                                                                                                                                                                     | Organic Brown Fried Rice Bar MTO        | Garlic Sesame Noodles & Tofu ( VG )            | Wild Mushrooms Paella ( MWOG )                                                                                                                                                                                                                                                                                 |                                                                                   |
| Buddha Bowl                                                                                                                                                                 |                                                                                                                                                                                                                                                                                  | 7 Dip Layer Bowl ( MWOG )                                                                                                                                                                                                                                                     | Poke bowl Tuna Salad ( MWOG )           | Spring Fusion Gyoza ( MWOG )                   | Dragon Bowl & Prawns ( MWOG )                                                                                                                                                                                                                                                                                  |                                                                                   |
| Week 3                                                                                                                                                                      | September 28, 2026                                                                                                                                                                                                                                                               | September 29, 2026                                                                                                                                                                                                                                                            | September 30, 2026                      | October 1, 2026                                | October 2, 2026                                                                                                                                                                                                                                                                                                |                                                                                   |
| Soup                                                                                                                                                                        | Green Chicken Pozole (MWOG)                                                                                                                                                                                                                                                      | Alphabet Soup (V)                                                                                                                                                                                                                                                             | Wonton Soup                             | Tortellini Soup (V)                            | Organic Roasted Tomato (V)                                                                                                                                                                                                                                                                                     |                                                                                   |
| Global adventures                                                                                                                                                           | Grilled Steak Burritos                                                                                                                                                                                                                                                           | Penne Pasta & Bolognese Sauce                                                                                                                                                                                                                                                 | Grilled Rosemary Lemon Chicken          | Jerk Cage free Chicken                         | Nacho Bar & Beef Steak, Cheese                                                                                                                                                                                                                                                                                 |                                                                                   |
| Side                                                                                                                                                                        | Yellow Rice, Beans ( VG )                                                                                                                                                                                                                                                        | Penne Pasta & Marinara ( V )                                                                                                                                                                                                                                                  | Scallop Potatoes ( V )                  | Dirty Rice & Mac and Cheese ( V )              | Spanish Rice & Black Beans ( VG )                                                                                                                                                                                                                                                                              |                                                                                   |
| Vegetable                                                                                                                                                                   | Summer Vegetables (V)                                                                                                                                                                                                                                                            | Garlic Bread & Parmesan Cheese                                                                                                                                                                                                                                                | Crispy Polenta Cakes                    | Collard Greens ( V )                           | Fresh Grilled Corn ( V )                                                                                                                                                                                                                                                                                       |                                                                                   |
| Fresh Fruit                                                                                                                                                                 | Fresh Fruit (V)                                                                                                                                                                                                                                                                  | Fresh Fruit (V)                                                                                                                                                                                                                                                               | Fresh Fruit (V)                         | Fresh Fruit (V)                                | Fresh Fruit (V)                                                                                                                                                                                                                                                                                                |                                                                                   |
| Deli Counter                                                                                                                                                                | Turkey Sandwiches                                                                                                                                                                                                                                                                | Chicken Sandwiches                                                                                                                                                                                                                                                            | Ham Sandwiches                          | Tuna Salad Sandwiches (V)                      | Roasted Turkey Sandwiches                                                                                                                                                                                                                                                                                      |                                                                                   |
| Eat Your Greens!                                                                                                                                                            | SD Salad Bar (V)                                                                                                                                                                                                                                                                 | SD Salad Bar (V)                                                                                                                                                                                                                                                              | SD Salad Bar (V)                        | SD Salad Bar (V)                               | SD Salad Bar (V)                                                                                                                                                                                                                                                                                               |                                                                                   |
| Live Well (Veggie Menu)                                                                                                                                                     | Carrot Tart & Ricotta ( V )                                                                                                                                                                                                                                                      | Kung Pao Broccoli, Tofu ( MWOG )                                                                                                                                                                                                                                              | Veggie Wraps MTO ( MWOG )               | Egg Plant Curry & Corn Bread ( V )             | Vegetarian Empanadas ( V G )                                                                                                                                                                                                                                                                                   |                                                                                   |
| Vegan Bar ( Menu )                                                                                                                                                          | Spicy Mango & Chili Lime ( MWOG )                                                                                                                                                                                                                                                | Gluten Free Pasta, Pesto & Marinara ( MWOG )                                                                                                                                                                                                                                  | Quinoa & Fennel Sauté ( VG )            | Fried Plantain ( MWOG )                        | Portabello with Chimichurri ( MWOG )                                                                                                                                                                                                                                                                           |                                                                                   |
| Buddha Bowl                                                                                                                                                                 | Poky Bowl & Lime Dressing ( MWOG )                                                                                                                                                                                                                                               | Spaghetti Squash ( MWOG )                                                                                                                                                                                                                                                     | Quinoa Burrito ( MWOG )                 | Waffle Tofu & Grilled Pineapple ( MWOG )       | Waffle Tofu & Grilled Pineapple ( MWOG )                                                                                                                                                                                                                                                                       |                                                                                   |
| Week 4                                                                                                                                                                      | October 5, 2026                                                                                                                                                                                                                                                                  | October 6, 2026                                                                                                                                                                                                                                                               | October 7, 2026                         | October 8, 2026                                | October 9, 2026                                                                                                                                                                                                                                                                                                |                                                                                   |
| Soup                                                                                                                                                                        | Wild Rice & Mushroom Soup (V)                                                                                                                                                                                                                                                    | Diestel Turkey & Rice                                                                                                                                                                                                                                                         | Cage Free Chicken Thai                  | Italian Wedding Soup                           | Broccoli & Cheddar (V)(MWOG)                                                                                                                                                                                                                                                                                   |                                                                                   |
| Global adventures                                                                                                                                                           | Pork Carnitas Tacos                                                                                                                                                                                                                                                              | Cheese Tortellini with Alfredo Sauce                                                                                                                                                                                                                                          | Crispy Chicken Drum Sticks              | Tempura Fish Sticks & Grilled Fish             | SD Home Made Assorted PIZZA                                                                                                                                                                                                                                                                                    |                                                                                   |
| Side                                                                                                                                                                        | Lime Rice Black Beans (VG)                                                                                                                                                                                                                                                       | House Made Garlic Bread ( V )                                                                                                                                                                                                                                                 | Mashed Potatoes & Gravy ( V )           | Home made Fries (VG)                           | SD Home Made Cheese PIZZA ( V )                                                                                                                                                                                                                                                                                |                                                                                   |
| Vegetable                                                                                                                                                                   | Roasted Cauliflower ( VG )                                                                                                                                                                                                                                                       | Grilled Summer Vegetables ( V )                                                                                                                                                                                                                                               | Steam Broccoli ( VG )                   | Grilled Corn and Peas (V)                      | Steam Summer Vegetables (V)                                                                                                                                                                                                                                                                                    |                                                                                   |
| Fresh Fruit                                                                                                                                                                 | Fresh Fruit ( V )                                                                                                                                                                                                                                                                | Fresh Fruit (V)                                                                                                                                                                                                                                                               | Fresh Fruit (V)                         | Fresh Fruit (V)                                | Fresh Fruit (V)                                                                                                                                                                                                                                                                                                |                                                                                   |
| Deli Counter                                                                                                                                                                | Turkey Sandwiches                                                                                                                                                                                                                                                                | Chicken Sandwiches                                                                                                                                                                                                                                                            | Ham Sandwiches                          | Roast Beef Sandwiches                          | Roasted Turkey Sandwiches                                                                                                                                                                                                                                                                                      |                                                                                   |
| Eat Your Greens!                                                                                                                                                            | SD Salad Bar (V)                                                                                                                                                                                                                                                                 | SD Salad Bar (V)                                                                                                                                                                                                                                                              | SD Salad Bar (V)                        | SD Salad Bar (V)                               | SD Salad Bar (V)                                                                                                                                                                                                                                                                                               |                                                                                   |
| Live Well (Veggie Menu)                                                                                                                                                     | Nacho Bar MTO ( MWOG )                                                                                                                                                                                                                                                           | Home Made Country Frittata ( V )                                                                                                                                                                                                                                              | Hummus Over Pita Bread (V)              | Mushrooms Asparagus & Feta Packets (V)         | Ice Cream Bar MTO (V)                                                                                                                                                                                                                                                                                          |                                                                                   |
| Vegan Bar ( Menu )                                                                                                                                                          | Sweet Potatoes Stew over Basmati Rice ( V )                                                                                                                                                                                                                                      | Gluten Free Pasta & Pesto or Marinara (VG)                                                                                                                                                                                                                                    | Vegetarian Sushi ( VG )                 | Sun-Dried Tomato, Basil Balsamic Bucatini (V)  | Chickpea, Veggie & Coconut Curry (V)                                                                                                                                                                                                                                                                           |                                                                                   |
| Buddha Bowl                                                                                                                                                                 | Turmeric Chickpeas ( MWOG )                                                                                                                                                                                                                                                      | Burrito Bowl ( MWOG )                                                                                                                                                                                                                                                         | Mediterranean Salad ( MWOG )            | Forbidden Rice ( MWOG )                        | Spicy Chipotle Cauliflower ( MWOG )                                                                                                                                                                                                                                                                            |                                                                                   |
| Week 5                                                                                                                                                                      | October 12, 2025                                                                                                                                                                                                                                                                 | October 13, 2025                                                                                                                                                                                                                                                              | October 14, 2025                        | October 15, 2025                               | October 16, 2025                                                                                                                                                                                                                                                                                               |                                                                                   |
| Soup                                                                                                                                                                        |                                                                                                                                                                                                                                                                                  | Vegan Chili (V) (MWOG)                                                                                                                                                                                                                                                        | Chicken Enchilada Soup (MWOG)           | Gnocchi Soup (V)                               | Organic Lentil Soup (MWOG) (V)                                                                                                                                                                                                                                                                                 |                                                                                   |
| Global adventures                                                                                                                                                           |                                                                                                                                                                                                                                                                                  | Penne Pasta & Cheese Sauce                                                                                                                                                                                                                                                    | Grilled Teriyaki Chicken                | Basian Farm Meatball, HM Sweet Baguette        | Cage Free Chicken Tikka                                                                                                                                                                                                                                                                                        |                                                                                   |
| Side                                                                                                                                                                        |                                                                                                                                                                                                                                                                                  | Marinara Sauce                                                                                                                                                                                                                                                                | Vegetarian Egg Rolls (V)                | Roasted Rosemary Yukon Potatoes (VG)           | Aromatic Basmati Rice (VG)                                                                                                                                                                                                                                                                                     |                                                                                   |
| Vegetable                                                                                                                                                                   |                                                                                                                                                                                                                                                                                  | House Made Garlic Bread                                                                                                                                                                                                                                                       | Sticky Rice (VG)                        | Mix Vegetables                                 | Sweet Potatoes & Butternut Squash (VG)                                                                                                                                                                                                                                                                         |                                                                                   |
| Fresh Fruit                                                                                                                                                                 |                                                                                                                                                                                                                                                                                  | Fresh Fruit ( V )                                                                                                                                                                                                                                                             | Fresh Fruit (V)                         | Fresh Fruit (V)                                | Fresh Fruit (V)                                                                                                                                                                                                                                                                                                |                                                                                   |
| Deli Counter                                                                                                                                                                |                                                                                                                                                                                                                                                                                  | Chicken Sandwiches                                                                                                                                                                                                                                                            | Ham Sandwiches                          | Cage Free Egg Salad Sandwiches (V)             | Roasted Turkey Sandwiches                                                                                                                                                                                                                                                                                      |                                                                                   |
| Eat Your Greens!                                                                                                                                                            |                                                                                                                                                                                                                                                                                  | SD Salad Bar (V)                                                                                                                                                                                                                                                              | SD Salad Bar (V)                        | SD Salad Bar (V)                               | SD Salad Bar (V)                                                                                                                                                                                                                                                                                               |                                                                                   |
| Live Well (Veggie Menu)                                                                                                                                                     |                                                                                                                                                                                                                                                                                  | Spinach & Ricotta Cheese Cannelloni (V)                                                                                                                                                                                                                                       | Organic Brown Fried Rice MTO (VG)       | Mushroom Bruschetta                            | Eggplant & Chickpeas Stew, Tabouleh (VG)                                                                                                                                                                                                                                                                       |                                                                                   |
| Vegan Bar ( Menu )                                                                                                                                                          |                                                                                                                                                                                                                                                                                  | Gluten Free Pasta & Marinara (VG)                                                                                                                                                                                                                                             | Spring Rolls ( VG )                     | Vegetable Pad Thai & Organic Rice (VG)         | Yams Kebab (VG)                                                                                                                                                                                                                                                                                                |                                                                                   |
| Buddha Bowl                                                                                                                                                                 |                                                                                                                                                                                                                                                                                  | Taiwan Bowl ( MWOG )                                                                                                                                                                                                                                                          | Portugal Bowl ( MWOG )                  | Caprice Salad Bowl ( MWOG )                    | Poke Bowl ( MWOG )                                                                                                                                                                                                                                                                                             |                                                                                   |
| Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day! |                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                               |                                         |                                                |                                                                                                                                                                                                                                                                                                                |                                                                                   |