



## San Domenico Café Middle School Menu

**Allergen Containing**  
● Contains Gluten  
● Contains Dairy



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	April 20, 2026	April 21, 2026	April 22, 2026	April 23, 2026	April 24, 2026
Soup	<b>Tomato Bisque (V) (MWOOG)</b>	<b>Diestel Turkey Rice (MWOOG)</b>	<b>Potato Chowder (V) (MWOOG)</b>	<b>Lemon C.F Chicken Orzo (MWOOG)</b>	<b>Egg &amp; Corn Soup (V) (MWOOG)</b>
Global adventures	Grilled Cheese (V) & Ham Sandwiches	Penne Pasta & Pesto Sauce (V)	Crispy Chicken Tenders	Carne Asada Tacos (MWOOG)	Orange Honey Cage Free Chicken
Side	French Fries (MWOOG)	Marinara Sauce (VG)	Mashed Potatoes & Gravy (V)	Black Beans & Yellow Rice (VG)	Jasmine Rice (VG)
Vegetable	Grilled Corn & Carrots (VG)	Spring Vegetables (VG)	Peas & Carrots (VG)	Spring Vegetables (V)	Cabbage & Carrots (VG)
Fresh Fruit	Fresh Fruit (VG)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Cage Free Egg Salad Sandwiches (V)	Roasted Turkey Sandwiches
Eat Your Greens!	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)
Live Well (Veggie Menu)	Butternut & Black Bean Tacos (MWOOG)	Buffalo Cauliflower (VG)	Veggie Pad Thai	Bang Bang Sweet Potatoes (MWOOG)	Vegetarian Lasagna (MWOOG)
Vegan Bar (Menu)	Vegetable Curry with Brown Rice (MWOOG)	Gluten Free Pasta & Marinara (MWOOG)	Quinoa Pilaf MTO (MWOOG)	Black Beans & Rice Crispy Taco (MWOOG)	Broccoli & Tofu Stir Fry MTO (MWOOG)
Buddha Bowl	Roasted Saffron Cauliflower (MWOOG)	Bibimbap Salad (MWOOG)	Jamaican Jerk (MWOOG)	Crunchy Asian Ramen Salad (MWOOG)	Dragon Bowl (MWOOG)
Week 2	April 27, 2026	April 28, 2026	April 29, 2026	April 30, 2026	May 1, 2026
Soup	<b>Tortilla Soup (V) (MWOOG)</b>	<b>Healthy Kale &amp; Quinoa Soup (VG)</b>	<b>Tofu Miso Soup (VG)</b>	<b>Thai Broccoli (V) (MWOOG)</b>	<b>French Onion Soup (V) (MWOOG)</b>
Global adventures	Cage Free Chicken, Cheese Quesadillas	Spaghetti & Meatballs	Grilled Teriyaki Chicken	All Beef Mini Hot Dogs	SD Home Made assorted PIZZA
Side	Spanish Rice & Refried Beans (VG)	Garlic Bread & Parmesan Cheese (V)	Sticky Rice & Chow Mein (VG)	House Made French Fries (VG)	SD Home Made Cheese PIZZA (V)
Vegetable	Spring Vegetables (V)	Organic Beet & Organic Carrots (V)	Sautéed Cabbage (V)	Butternut Squash (V)	Steam Broccoli & Carrots (V)
Fresh Fruit	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roast Beef Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)
Live Well (Veggie Menu)	Kale Quiche (V)	Pizza Bites (V)	Chile Reyesnos Baked	Mushroom Tetrazzini & Brown Rice (VG)	Sweet Potatoes & Corn Enchiladas (MWOOG)
Vegan Bar (Menu)	Butternut Squash, Black Bean Tacos (VG)	Gluten Free Pasta & Pesto, Marinara (V)	Organic Brown Fried Rice Bar MTO	Garlic Sesame Noodles & Tofu (VG)	Wild Mushrooms Paella (MWOOG)
Buddha Bowl	Pomegranate Salad (MWOOG)	7 Dip Layer Bowl (MWOOG)	Poke bowl Tuna Salad (MWOOG)	Spring Fusion Gyoza (MWOOG)	Dragon Bowl & Prawns (MWOOG)
Week 3	May 4, 2026	May 5, 2026	May 6, 2026	May 7, 2026	May 8, 2026
Soup	<b>Alphabet Soup (V)</b>	<b>Green Chicken Pozole (MWOOG)</b>	<b>Wonton Soup</b>	<b>Tortellini Soup (V)</b>	<b>Organic Roasted Tomato (V)</b>
Global adventures	Penne Pasta & Bolognese Sauce	Grilled Steak Burritos	Grilled Rosemary Lemon Chicken	Nacho Bar & Beef Steak, Cheese	Jerk Cage Free Chicken
Side	Penne Pasta & Marinara (V)	Yellow Rice, Beans (VG)	Scallop Potatoes (V)	Spanish Rice & Black Beans (VG)	Dirty Rice or Mac & Cheese (V)
Vegetable	Garlic Bread & Parmesan Cheese	Spring Vegetables (V)	Crispy Polenta Cakes	Fresh Grilled Corn (V)	Collard Greens (VG)
Fresh Fruit	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)
Deli Counter	Chicken Sandwiches	Turkey Sandwiches	Ham Sandwiches	Roasted Turkey Sandwiches	Tuna Salad Sandwiches (V)
Eat Your Greens!	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)
Live Well (Veggie Menu)	Kung Pao Broccoli, Tofu (MWOOG)	Fajita Bar MTO (V)	Veggie Wraps MTO (MWOOG)	Vegetarian Empanadas (VG)	Egg Plant Curry & Corn Bread (V)
Vegan Bar (Menu)	Gluten Free Pasta, Pesto & Marinara (MWOOG)	Spicy Mangonadas & Chili Lime (MWOOG)	Quinoa & Fennel Sauté (VG)	Grilled Portobello & Chimichurri (MWOOG)	Fried Plantain (MWOOG)
Buddha Bowl	Spaghetti Squash (MWOOG)	Spicy Mango & Lime Dressing (MWOOG)	Quinoa Burrito (MWOOG)	Chop Salad (MWOOG)	Waffle Tofu & Grilled Pineapple (MWOOG)
Week 4	May 11, 2026	May 12, 2026	May 13, 2026	May 15, 2026	May 15, 2026
Soup	<b>Diestel Turkey &amp; Rice</b>	<b>Wild Rice &amp; Mushroom Soup (V)</b>	<b>Cage Free Chicken Thai</b>	<b>Italian Wedding Soup</b>	<b>Broccoli &amp; Cheddar (V) (MWOOG)</b>
Global adventures	Pork Carnitas Tacos	Cheese Tortellini with Alfredo Sauce	Crispy Chicken Drum Sticks	Tempura Fish Sticks & Grilled Fish	SD Home Made assorted PIZZA
Side	Lime Rice Black Beans (VG)	House Made Garlic Bread (V)	Mashed Potatoes & Gravy (V)	Home made Fries (VG)	SD Home Made Cheese PIZZA (V)
Vegetable	Roasted Cauliflower (VG)	Spring Vegetables (V)	Steam Broccoli (VG)	Grilled Corn and Peas (V)	Spring Vegetables (V)
Fresh Fruit	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roast Beef Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)
Live Well (Veggie Menu)	Nacho Bar MTO (MWOOG)	Home Made Country Frittata (V)	Hummus Over Pita Bread (V)	Mushrooms Asparagus & Feta Packets (V)	Ice Cream Bar MTO (V)
Vegan Bar (Menu)	Sweet Potatoes Stew over Basmati Rice (V)	Gluten Free Pasta & Pesto or Marinara (VG)	Vegetarian Sushi (VG)	Sun-Dried Tomato, Basil Balsamic Bucatini (V)	Chickpea, Veggie & Coconut Curry (V)
Buddha Bowl	Turmeric Chickpeas (MWOOG)	Burrito Bowl (MWOOG)	Mediterranean Salad (MWOOG)	Forbidden Rice (MWOOG)	Spicy Chipotle Cauliflower (MWOOG)
Week 5	May 18, 2026	May 19, 2026	May 20, 2026	May 21, 2026	May 22, 2026
Soup	<b>Vegan Chili (V) (MWOOG)</b>	<b>Minestrone Soup (V)</b>	<b>Chicken Enchilada Soup (MWOOG)</b>	<b>Gnocchi Soup (V)</b>	<b>Cage Free Chicken Noodles Soup</b>
Global adventures	HM Cheese & Chicken Flautas	Penne Pasta & Cheese Sauce	Grilled Teriyaki Chicken	Basian Farm Meatball, HM Sweet Baguette	Cage Free Chicken Tikka
Side	Arroz Blanco & Refried Beans (VG)	Marinara Sauce	Vegetarian Egg Rolls (V)	Roasted Rosemary Yukon Potatoes (VG)	Aromatic Basmati Rice (VG)
Vegetable	Carrots & Corn (VG)	House Made Garlic Bread	Sticky Rice (VG)	Mix Vegetables	Sweet Potatoes & Butternut Squash (VG)
Fresh Fruit	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)	Fresh Fruit (V)
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Cage Free Egg Salad Sandwiches (V)	Roasted Turkey Sandwiches
Eat Your Greens!	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)	SD Salad Bar (V)
Live Well (Veggie Menu)	California Veggie Sandwiches Bites (V)	Spinach & Ricotta Cheese Cannelloni (V)	Organic Brown Fried Rice MTO (VG)	Mushroom Bruschetta	Eggplant & Chickpeas Stew, Tabouleh (VG)
Vegan Bar (Menu)	Mango Smoothies (VG)	Gluten Free Pasta & Marinara (VG)	Spring Rolls (VG)	Vegetable Pad Thai & Organic Rice (VG)	Yams Kebab (VG)
Buddha Bowl	Vietnamese (MWOOG)	Taiwan Bowl (MWOOG)	Portugal Bowl (MWOOG)	Caprice Salad Bowl (MWOOG)	Poke Bowl (MWOOG)

Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!