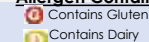


San Domenico Café

Middle School Menu

February

Allergen Containing



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	March 17, 2025	March 18, 2025	March 19, 2025	March 20, 2025	March 21, 2025
Soup	Irish Potatoes Soup	Diestel Turkey Rice	Potato Chowder	Cage Free Chicken Tortilla Soup	Egg & Corn Soup
<i>Global adventures</i>	Corn Beef & Cabbage Sliders	<i>Penne Pasta with Pesto Sauce</i>	<i>Crispy Chicken Tenders</i>	<i>Carne Asada Tacos</i>	<i>Orange Honey Cage Free Chicken</i>
<i>Side</i>	Potato Boxty	<i>Marinara Sauce</i>	<i>Mashed Potatoes & Gravy</i>	<i>Black Beans and Yellow Rice</i>	<i>Jasmine Rice</i>
<i>Vegetable</i>	Steam Cabbage and Carrots	<i>Winter Vegetables</i>	<i>Peas and Carrots</i>	<i>Spring Vegetables</i>	<i>Cabbage and Carrots</i>
<i>Fresh Fruit</i>	Fresh Fruit	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>
<i>Deli Counter</i>	Turkey Sandwiches	<i>Chicken Sandwiches</i>	<i>Ham Sandwiches</i>	<i>Cage Free Egg Salad Sandwiches</i>	<i>Roasted Turkey Sandwiches</i>
<i>Eat Your Greens!</i>	SD Salad Bar	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>
<i>Live Well</i>	Shepherds Pie	<i>Buffalo Cauliflower</i>	<i>Veggie Pad Thai</i>	<i>Bang Bang Sweet Potatoes</i>	<i>Broccoli & Tofu Stir Fry MTO</i>
<i>Vegan Bar</i>	Irish Vegetable Stew with Brown Rice	<i>Gluten Free Pasta with Marinara</i>	<i>Quinoa Pilaf MTO</i>	<i>Black Beans & Rice Crispy Taco</i>	<i>Vegetarian Lasagna</i>
<i>Buddha Bowl</i>	Roasted Saffron Cauliflower	<i>Bibimbap Salad</i>	<i>Jamaican Jerk</i>	<i>Crunchy Asian Ramen Salad</i>	<i>Tostada Bowl</i>
Week 2	March 24, 2025	March 25, 2025	March 26, 2025	March 27, 2025	March 28, 2025
Soup	Tortilla soup	Healthy Kale & Quinoa Soup	Tofu Miso Soup	Thai Broccoli	French Onion Soup
<i>Global adventures</i>	<i>Chicken Or Cheese Quesadillas</i>	<i>Spaghetti with Meatballs</i>	<i>Grilled Teriyaki Chicken</i>	<i>All Beef Mini Hot Dogs</i>	<i>SD Home Made assorted PIZZA</i>
<i>Side</i>	<i>Spanish Rice & Refried Beans</i>	<i>Garlic Bread & Parmesan Cheese</i>	<i>Sticky Rice & Chow Mein</i>	<i>House Made French Fries</i>	<i>SD Home Made assorted PIZZA</i>
<i>Vegetable</i>	<i>Spring Vegetables</i>	<i>Organic Beet & Organic Carrots</i>	<i>Sautéed Cabbage</i>	<i>Butternut Squash</i>	<i>SD Home Made assorted PIZZA</i>
<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>
<i>Deli Counter</i>	<i>Turkey Sandwiches</i>	<i>Chicken Sandwiches</i>	<i>Ham Sandwiches</i>	<i>Roasted Beef Sandwiches</i>	<i>Roasted Turkey Sandwiches</i>
<i>Eat Your Greens!</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>
<i>Live Well</i>	<i>Kale Quiche</i>	<i>Pizza Bites</i>	<i>Chile Reyenos Baked</i>	<i>Mushroom Tetrazzini with Brown Rice</i>	<i>Sweet Potatoes & Corn Enchiladas</i>
<i>Vegan Bar</i>	Butternut Squash and Black Bean Tacos	<i>Gluten Free Pasta with Pesto or Marinara</i>	<i>Fried Rice Bar MTO</i>	<i>Garlic sesame Noodles w/ Tofu</i>	<i>Vegetarian Paella</i>
<i>Buddha Bowl</i>	Pomegranate Salad	<i>7 Dip Layer Bowl</i>	<i>Poke bowl Tuna Salad</i>	<i>Spring Fusion Gyoza</i>	<i>Dragon Bowl with Prawns</i>
Week 3	March 31, 2025	April 1, 2025	April 2, 2025	April 3, 2025	April 4, 2025
Soup	Chicken Noodles Soup	Roasted Kabocha Squash	Vegan Roman Noodles	Tortellini Soup Black History	Organic Roasted Tomato
<i>Global adventures</i>	<i>Grilled Steak Burritos</i>	<i>Penne Pasta with Bolognese Sauce</i>	<i>Grilled Rosemary Lemon Chicken</i>	<i>Jerk Chicken</i>	<i>Nacho Bar w/Beef & Cheese</i>
<i>Side</i>	<i>Yellow Rice and Beans</i>	<i>Penne Pasta w/Marinara</i>	<i>Scallop Potatoes</i>	<i>Dirty Rice or Mac & Cheese</i>	<i>Spanish Rice & Black Beans</i>
<i>Vegetable</i>	<i>Spring Vegetables</i>	<i>Garlic Bread & Parmesan Cheese</i>	<i>Crispy Polenta Cakes</i>	<i>Collard Greens</i>	<i>Fresh Grilled Corn</i>
<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>
<i>Deli Counter</i>	<i>Turkey Sandwiches</i>	<i>Chicken Sandwiches</i>	<i>Ham Sandwiches</i>	<i>Roasted Beef Sandwiches</i>	<i>Roasted Turkey Sandwiches</i>
<i>Eat Your Greens!</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>
<i>Live Well</i>	<i>Carrot Tart w/ Ricotta</i>	<i>Kung Pao Broccoli and Tofu</i>	<i>Veggie Wraps MTO</i>	<i>Egg Plant Curry w / Corn Bread</i>	<i>Vegetarian Empanadas</i>
<i>Vegan Bar</i>	<i>Brown Rice w/ Tofu Fajitas MTO</i>	<i>Gluten Free Pasta with Pesto or Marinara</i>	<i>Quinoa w Fennel sauté</i>	<i>Fried Plantain</i>	<i>Grilled Portobello w/ Chimichurri</i>
<i>Buddha Bowl</i>	Spicy Mango & Chili Lime	<i>Spaghetti Squash</i>	<i>Quinoa Burrito</i>	<i>Waffle Tofu and Grilled Pineapple</i>	<i>Chop Salad</i>
Week 4	April 7, 2025	April 8, 2025	April 9, 2025	April 10, 2025	April 11, 2025
Soup	Spring Break		Spring Break		
<i>Global adventures</i>					
<i>Side</i>					
<i>Vegetable</i>					
<i>Fresh Fruit</i>					
<i>Deli Counter</i>					
<i>Eat Your Greens!</i>					
<i>Live Well</i>					
<i>Vegan Bar</i>					
<i>Buddha Bowl</i>					
Week 5	April 14, 2025	April 15, 2025	April 16, 2025	April 17, 2025	April 18, 2025
Soup	Green Chicken Pozole	French Onion	Chinese Sausage & Sweet Corn	Chicken Enchilada Soup	Sweet Potato Soup
<i>Global adventures</i>	<i>Home Made Chicken Flautas</i>	<i>Penne Pasta w/ Cheese Sauce</i>	<i>Grilled Teriyaki Chicken</i>	<i>Basian Farm Meatball on Sweet Baguette</i>	<i>Chicken Tikka</i>
<i>Side</i>	<i>Arroz Blanco & Refried Beans</i>	<i>Marinara Sauce</i>	<i>Vegetarian Egg Rolls</i>	<i>Roasted Rosemary Yukon Potatoes</i>	<i>Basmati Rice</i>
<i>Vegetable</i>	<i>Carrots & Potatoes</i>	<i>House Made Garlic Bread</i>	<i>Sticky Rice</i>	<i>Mix Vegetables</i>	<i>Sweet Potatoes & Butternut Squash</i>
<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>
<i>Deli Counter</i>	<i>Turkey Sandwiches</i>	<i>Chicken Sandwiches</i>	<i>Ham Sandwiches</i>	<i>Roasted Beef Sandwiches</i>	<i>Roasted Turkey Sandwiches</i>
<i>Eat Your Greens!</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>SD Salad Bar</i>	<i>SD Salad Bar</i>
<i>Live Well</i>	<i>California Vegetarian Sandwiches Bites</i>	<i>Spinach & Ricotta Cheese Cannelloni</i>	<i>Organic Brown Fried Rice MTO</i>	<i>Mushroom Bruschetta</i>	<i>Egg Plant & Chickpeas Stew with Tabouleh</i>
<i>Vegan Bar</i>	<i>Mango Smoothies</i>	<i>Gluten Free Pasta with Marinara</i>	<i>Spring Rolls</i>	<i>vegetable Pad Thai with Over Organic Rice</i>	<i>Yams Kebab</i>
<i>Buddha Bowl</i>	<i>Vietnamese</i>	<i>Taiwan Bowl</i>	<i>Brazil</i>	<i>Caprice Salad Bowl</i>	<i>Grilled Polenta</i>

Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!