



egan Grass Fed 🔝 Dage Free Organic

San Domenico Café

Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!

Middle School Menu

Allergen Containing
Contains Gluten
Contains Dairy



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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	February 10, 2025	February 11, 2025	February 12, 2025	February 13, 2025	February 14, 2025
Soup	Roasted Tomato	Diestel Turkey Rice	Potato Chowder	Cage Free Chicken Tortilla Soup	Egg & Corn Soup
Global adventures	Grilled Cheese or Ham Sandwiches	Penne Pasta with Pesto Sauce	Crispy Chicken Tenders	Carne Asada Tacos	
Side	French Fries	Marinara Sauce	Mashed Potatoes & Gravy	Black Beans and Yellow Rice	SD Home Heart Shaped PIZZA Meat
Vegetable	Grilled Corn and Carrots	Winter Vegetables	Peas and Carrots	Winter Root Vegetables	SD Home Heart Shape PIZZA Cheese
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Heart Shape PIZZA Vegetables
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Cage Free Egg Salad Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar
Live Well	Butternut & Black Bean Taco	Buffalo Cauliflower	Veggie Pad Thai	Bang Bang Sweet Potatoes	Broccoli & Tofu Stir Fry MTO
Vegan Bar	Vegetable Curry with Brown Rice	Gluten Free Pasta with Marinara	Quinoa Pilaf MTO	Black Beans & Rice Crispy Taco	Eggplant Parmesan
Buddha Bowl	Roasted Saffron Cauliflower	Bibimbap Salad	Jamaican Jerk	Crunchy Asian Ramen Salad	Tostada Bowl
Week 2	February 17, 2025	February 18, 2025	February 19, 2025	February 20, 2025	February 21, 2025
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Vegan Bar				M	
Buddha Bowl					
Week 3	February 24, 2025	February 25, 2025	February 26, 2025	February 27, 2025	February 28, 2025
Soup	PDD	Chicken Noodles Soup	Vegan Roman Noodles	Tortellini Soup Black History	Organic Roasted Tomato
Global adventures		Penne Pasta with Bolognese Sauce	Grilled Rosemary Lemon Chicken	Jerk Chicken	Nacho Bar w/Beef & Cheese
Side		Penne Pasta w/Marinara	Scallop Potatoes	Dirty Rice or Mac & Cheese	Spanish Rice & Black Beans
Vegetable		Garlic Bread & Parmesan Cheese	Crispy Polenta Cakes	Collard Greens	Fresh Grilled Corn
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Deli Counter		Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!		Salad Bar	Salad Bar	Salad Bar	Salad Bar
Live Well		Kung Pao Broccoli and Tofu	Veggie Wraps MTO	Vegetarian Jambalaya w/ Corn Bread	Vegetarian Empanadas
Vegan Bar		Gluten Free Pasta with Pesto or Marinara	Quinoa w Fennel sauté	Fried Plantain	Oyster Mushrooms Paella
Buddha Bowl		Spaghetti Squash	Quinoa Burrito	Waffle Tofu and Grilled Pineapple	Chop Salad
Week 4	March 3, 2025	March 4, 2025	March 5, 2025	March 6, 2025	March 7, 2025
Soup	Diestel Turkey and Rice	Italian Wedding Soup	Cage Free Chicken Thai	Wild Rice & Mushroom Soup	Broccoli & Cheddar
Global adventures	Pork Carnitas Tacos	Cheese tortellini with Alfredo Sauce	Crispy Chicken Drum Sticks	Tempura Fish Sticks	SD Home Made assorted PIZZA
Side	Lime Rice Black Beans	House Made Garlic Bread	with BBQ Sauce	Home made Fries	SD Home Made assorted PIZZA
Vegetable	Roasted Cauliflower	Winter Vegetables	Mashed Potatoes	Grilled Corn and Peas	SD Home Made assorted PIZZA
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Live Well	Nacho Bar MTO	Home Made Country Frittata	Hummus Over Pita Bread	Mushrooms Asparagus & Feta Turn Over	Ice Cream Bar MTO
Vegan Bar Buddha Bowl	Sweet Potatoes Stew over Basmati Rice Turmeric Chickpeas	Gluten Free Pasta with Pesto or Marinara Burrito Bowl	Vegetarian Sushi Mediterranean Salad	Sun-Dried Tomato, Basil Balsamic Bucatini Forbidden Rice	Chickpea and Vegetable Coconut Curry Spicy Chipotle Cauliflower
Week 5	•	March 11, 2025	March 12. 2025		
Soup	March 10, 2025 Pork Pozole	French Onion	Chinese Chicken & Sweet Corn	March 13, 2025 Chicken Enchilada Soup	March 14, 2025 Sweet Potato Soup
Global adventures	Home Made Chicken Flautas	Penne Pasta w/ Cheese Sauce	Grilled Teriyaki Chicken		Chicken Tikka
Giobai daventures Side	Arroz Blanco & Refried Beans		Vegetarian Egg Rolls	Basian Farm Meatball on Sweet Baguette	
		Marinara Sauce		Roasted Rosemary Yukon Potatoes	Basmati Rice
Vegetable Fresh Fruit	Carrots & Potatoes	House Made Garlic Bread Fresh Fruit	Sticky Rice Fresh Fruit	Mix Vegetables Fresh Fruit	Sweet Potatoes & Butternut Squash Fresh Fruit
	Fresh Fruit				
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
Eat Your Greens!	Salad Bar	Salad Bar	Salad Bar	SD Salad Bar	SD Salad Bar
Live Well	California Vegetarian Sandwiches bites	Spinach & Ricotta Cheese Cannelloni	Organic Brown Fried Rice MTO	Olives Briquette	Egg Plant & Chickpeas Stew with Tabouleh
Vegan Bar	Mango Smoothies	Gluten Free Pasta with Marinara	Spring Rolls	vegetable Pad Thai with Over Organic Rice	Yams Kebab
Buddha Bowl	Vietnamese	Taiwan Bowl	Brazil	Caprice Salad Bowl	Grilled Polenta

February