

		 Vegetarian  Vegan  Egg Free  MWOG  Cage Free  Free Range  Organic		San Domenico Café Middle School Menu December		Allergen Containing  Contains Gluten  Contains Dairy					
		Monday		Tuesday		Wednesday		Thursday		Friday	
Week 1		December 1, 2025		December 2, 2025		December 3, 2025		December 4, 2025		December 5, 2025	
Soup		Vegetable Quinoa Lentil (MWOG)		Matzo Soup		Potato Chowder (V)(MWOG)		Tomato Bisque (V) (MWOG)		Grass fed Beef & Barley	
Global adventures		Chicken Enchilada Casserole, (MWOG)		Penne Pasta & Pesto Sauce (V)		Crispy Chicken Tenders		Grass fed Bee Sliders		SD Home Made assorted PIZZA	
Side		Spanish Rice, Black Bean (MWOG)		Marinara Sauce (VG)		Mashed Potatoes & Gravy (V)		Home Made Potatoe Wedges (MWOG)		SD Home Made Cheese PIZZA (V)	
Vegetable		Winter Vegetables (VG)		Winter Roasted Vegetables (VG)		Peas & Carrots (VG)		Corn on the cob (VG)		Cabbage & Carrots (VG)	
Fresh Fruit		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (VG)		Fresh Fruit (V)	
Deli Counter		Ham Sandwiches		Chicken Sandwiches		Cage Free Egg Salad Sandwiches (V)		Turkey Sandwiches		Roasted Turkey Sandwiches	
Eat Your Greens!		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)	
Live Well (Veggie Menu)		Bang Bang Sweet Potatoes (MWOG)		Buffalo Cauliflower (VG)		Veggie Pad Thai (VG)		Butternut & Black Bean Taco (MWOG)		Vegetarian Lasagna (MWOG)	
Vegan Bar (Menu)		Black Beans & Rice Crispy Tostada (MWOG)		Gluten Free Pasta & Marinara (MWOG)		Quinoa Pilaf MTO (MWOG)		Vegetable Curry with Brown Rice (MWOG)		Broccoli & Tofu Stir Fry MTO (MWOG)	
Buddha Bowl		Crunchy Asian Ramen Salad (MWOG)		Bibimbap Salad (MWOG)		Jamaican Jerk (MWOG)		Roasted Saffron Cauliflower (MWOG)		Tostada Bowl (MWOG)	
Week 2		December 8, 2025		December 9, 2025		December 10, 2025		December 11, 2025		December 12, 2025	
Soup		Tortilla Soup (V)(MWOG)		Healthy Kale & Quinoa Soup (VG)		Tofu Miso Soup (VG)		C F Chicken Noodles (MWOG)		Egg & Corn Soup (V)(MWOG)	
Global adventures		Cage Free Chicken, Cheese Quesadillas		Spaghetti & Meatballs		Cage Free Fried Chicken		All Beef Hot Dogs		Butter Cage Free Chicken	
Side		Cilantro Rice & Refried Beans (VG)		Garlic Bread & Parmesan Cheese (V)		Mashed Potatoe, Cole slow (V)		SD Homemade Fries (VG)		Aloo Palak, Basmati Rice	
Vegetable		Fall Vegetables (V)		Organic Beet & Organic Carrots (V)		Sautéed Cabbage (V)		Steam Corn on The Cob (V)		Pakorras (V)	
Fresh Fruit		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)	
Deli Counter		Turkey Sandwiches		Chicken Sandwiches		Ham Sandwiches		Roasted Turkey Sandwiches		Roasted Turkey Sandwiches	
Eat Your Greens!		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)	
Live Well (Veggie Menu)		Kale Quiche (V)		Pizza Bites (V)		Chile Reyenos Baked		mushroom red sauce Organic brown rice (MWOG)		Sweet Potatoes & Corn Enchiladas (MWOG)	
Vegan Bar (Menu)		Butternut Squash, Black Bean Tacos (VG)		Gluten Free Pasta & Pesto, Marinara (V)		Organic Brown Fried Rice Bar MTO		Garlic Sesame Noodles & Tofu (VG)		Frankenstein Avocado Toast (MWOG)	
Buddha Bowl		Pomegranate Salad (MWOG)		7 Dip Layer Bowl (MWOG)		Poke bowl Tuna Salad (MWOG)		Spring Fusion Gyoza (MWOG)		Dragon Bowl & Prawns (MWOG)	
Week 3		December 15, 2025		December 16, 2025		December 17, 2025		December 18, 2025		December 19, 2025	
Soup		Green Chicken Pozole (MWOG)		Alphabet Soup (V)		Wonton Soup		Tortellini Soup (V)		Organic Roasted Tomato (V)	
Global adventures		Grilled Steak Burritos		Penne & Marinara ,Bolognese Sauce		Grilled Rosemary Lemon Chicken		Nacho Bar & Beef Steak, Cheese		SD Home Made assorted PIZZA	
Side		Spanish Rice, Beans (VG)		Garlic Bread & Parmesan Cheese		Mashed Potatoes (V)		Cilantro & Lime Rice & Black Beans (VG)		SD Home Made Cheese PIZZA (V)	
Vegetable		Roasted Cauliflower (V)		Broccoli & Carrots (VG)		Crispy Polenta Cakes (VG)		Fresh Grilled Corn (V)		Fresh Grilled Corn (V)	
Fresh Fruit		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)		Fresh Fruit (V)	
Deli Counter		Turkey Sandwiches		Chicken Sandwiches		Ham Sandwiches		Roasted Turkey Sandwiches		Tuna Salad Sandwiches (V)	
Eat Your Greens!		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)		SD Salad Bar (V)	
Live Well (Veggie Menu)		Carrot Tart & Ricotta (V)		Kung Pao Broccoli, Tofu (MWOG)		Veggie Wraps MTO (MWOG)		Vegetarian Empanadas (VG)		Egg Plant Curry & Corn Bread (V)	
Vegan Bar (Menu)		Spicy Mango & Chili Lime (MWOG)		Gluten Free Pasta, Pesto & Marinara (MWOG)		Quinoa & Fennel Sauté (VG)		Grilled Portobello & Chimichurri (MWOG)		Fried Plantain (MWOG)	
Buddha Bowl		Poky Bowl & Lime Dressing (MWOG)		Spaghetti Squash (MWOG)		Quinoa Burrito (MWOG)		Chop Salad (MWOG)		Waffle Tofu & Grilled Pineapple (MWOG)	
Week 4		December 22, 2025		December 23, 2025		December 24, 2025		December 25, 2025		December 26, 2025	
Soup											
Global adventures											
Side											
Vegetable											
Fresh Fruit											
Deli Counter											
Eat Your Greens!											
Live Well (Veggie Menu)											
Vegan Bar (Menu)											
Buddha Bowl											
Week 5											
Soup											
Global adventures											
Side											
Vegetable											
Fresh Fruit											
Deli Counter											
Eat Your Greens!											
Live Well (Veggie Menu)											
Vegan Bar (Menu)											
Buddha Bowl											

<

Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!