Kindergarten and 1st Grade Menu January 2025

EPICUREAN GROUP fresh. honest. local.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	***January 6, 2025***	***January 7, 2025***	***January 8, 2025***	***January 9, 2025***	***January 10, 2025***
Soup	***Roasted Tomato Orzo***	***Diestel Turkey and Rice***	***Potato Chowder Soup***	***Cage Free Chicken Tortilla***	***Corn & Egg Drop Soup***
Global Adventure		Pasta W/ Marinera & Pesto Sauce	*Crispy Chicken Tenders	Carne Asada Tacos	Orange Honey Cage Free Chicken
Side		Garlic Bread w/Parmesan	Mashed Potatoes & Gravy	Black Beans & Yellow Rice	Jasmine Rice
Garden Fresh		Organic Caesar Salad	Chef Salad	Organic Spring Mix Salad	Spinach & Mandarins
Veggie		Winter Vegetables	Organic Peas & Carrots	Winter Vegetables	Green Beans
Live Well		Penne Pasta (GF)	Cheese Pizza	Beans & Rice Taco	Vegetarian Potstickers
Fresh Fruit		**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**
Week 2	***January 13, 2025***	***January 14, 2025***	***January 15, 2025***	***January 16, 2025***	***January 17, 2025***
Soup	**Cage Free Chicken Tortilla**	**Healthy Kale & Quinoa Soup**	**Tofu Miso Soup**	**Thai Broccoli Soup**	**French Onion Soup**
Global Adventure	Chicken Quesadillas	Spaghetti w/ Basian Meatballs	Grilled Teriyaki Chicken	All Beef Mini Hot Dogs	Pepperoni Pizza
Side	Spanish Rice & Black Beans	Garlic Bread & Parmesan Cheese	Sticky Rice	House Made French Fries	Sticks Vegetables with Ranch
Garden Fresh	Garden Salad	Home Made Organic Caesar Salad	Chinese Salad, Cookie	Organic Spring Mix Salad	Organic Caesar Salad
Veggie	Winter Vegetables	Winter Vegetables	Green Cabbage and Carrots	Grilled Zucchini	Winter Vegetables
Live Well	Cheese Quesadillas	Spaghetti with Mariana	**Chow Mein**	Vegetarian Wraps	Cheese Pizza
Fresh Fruit	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**
Week 3	***January 20, 2025***	***January 21, 2025***	***January 22, 2025***	***January 23, 2025***	***January 24, 2025***
Soup	**Martin Luther King**	***Sweet Potatoes Soup***	***Vegan Romen Noodle***	***Tortellini Soup***	***Organic Roasted Tomato***
Global Adventure		Penne Pasta Bolognese Sauce (V)	Grilled Rosemary Lemon Chicken	Pull Pork Turn Overs	Nacho Bar w/Beef & Cheese
Side		Garlic Bread & Parmesan	Scallop Potatoes	Roasted Potatoes	Spanish Rice & Black Beans
Garden Fresh		Organic Caesar Salad	Chop Salad with Ranch and Italian	Organic Baby Spinach Salad	Santa Fe Salad
Veggie		Sautéed Organic Green Beans	Organic Carrots & Peas	Roasted squash	Winter Vegetables
Live Well		Penne Pasta w/Marinara (DF)(V)	Vegetarian Risotto	Cheese Turn Overs	Cheese& Beans Nachos
Fresh Fruit		**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**
Week 4	***January 27, 2025***	***January 28, 2025***	***January 29, 2025***	***January 30, 2025***	***January 31, 2025***
Soup	***Fiesta Corn Soup***	***Italian Wedding***	***Cage Free Chicken Thai***	***Wild Rice & Mushroom Soup***	***Vermecelli***
Global Adventure	Pork Carnitas Quesadillas	Cheese Tortellini, Marinara Sauce	*Crispy Chicken Drumsticks	Home Made Fish sticks	Pepperoni Pizza
Side	Lime Rice & Black Beans	Garlic Bread & Parmesan	Mased Potatoes & Gravy	Home Made French Fries	Sticks Vegetables with Ranch
Garden Fresh	Organic Chop Salad	Organic Caesar Salad	Organic Spring Mix Salad	Cole Slaw	Organic Garden Salad
Veggie	Winter Vegetables	Winter Vegetables	Organic Peas & Carrots	Sautéed Green Beans	Sautéed Broccoli
Live Well	Cheese Quesadillas	Veggie Pasta	Vegetarian sushi	Cheese & Vegetable Turn Over	Cheese Pizza
Fresh Fruit	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**
Week 5	***February 3, 2025***	***February 4, 2025***	***February 5, 2025***	***February 6, 2025***	***February 7, 2025***
Soup	***Split Pea Soup***	***Tuscan Bean Soup***	**Vegetarian Pho Soup**	***Chicken Enchilada soup***	***Roasted Vegetables Soup***
Global Adventure	Chicken Enchiladas	Penne Pasta w/ Bolognese Sauce	Grilled Teriyaki Chicken	Basina Farms Meatball Hoagie	Cage Free Chicken Tikka
Side	Arroz Blanco with Corn and Peas	Garlic Bread, Parmesan Cheese	Sticky Rice , Cookies	Roasted Yukon Potatoes	Basmati Rice
Garden Fresh	Organic Garden Salad	Organic Caesar Salad	Chinese Salad	Organic Spring Mix Salad	Organic Chop Salad
Veggie	Winter Vegetables	Grilled Broccoli	Crispy Zucchini Sticks	Winter Vegetables	Sweet Potatoes
Live Well	Vegetarian Flautas	Penne Pasta w/ Marinara Sauce	Vegetarian Egg Rolls	Vegetarian Sandwiches	Lentil Cakes with Cucumber Riata Sauce
Fresh Fruit	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**	**Fresh Fruit**